
CURRICULUM VITAE

David John Collins

AGE:

66

FAMILY STATUS:

Married, 5 children (b 33, g 32, g 30, g 14, g 12), 3 GC

EDUCATION:

Royal Liberty School, Romford (Head of School).
Royal Military Academy, Sandhurst.
Commando Training Centre, Royal Marines, Lympstone.
Borough Road College, Isleworth (now Brunel University).
Pennsylvania State University.
University of Swansea.
University of Surrey.

QUALIFICATIONS:

Certificate in Education (London). Distinction in Physical Education, Education & Mathematics, 1978.
B.Ed Honours (London). Upper second in Physical Education, Mathematics & Education, 1980.
Qualified Teacher Status (DfE 75/58518)
Postgraduate Diploma in Counselling. University of Swansea, 1984.
M.Sc (Pennsylvania State University). Distinction (G.P.A. 4.0) in Psychology of Sport & Physical Activity, 1982.
PhD (University of Surrey) in Psychology. "Cerebral activity prior to skilled motor performance: An electroencephalographic review". 1990.
BASES Accredited Sport Scientist, plus High-Performance Sport Accreditation
BPS Chartered Psychologist and Chartered Scientist
HCPC Registered Practitioner Psychologist (PYL23456)
BPS Register of Applied Practice Supervisors (RAPS)

COACHING AND TEACHING QUALIFICATIONS:

Mountain Leadership Certificate, Summer & Winter
BAWLA Senior Coach and Referee
ASA Advanced Teacher. RLSS Advanced Teacher, Examiner and Distinction
BCU Senior Instructor
BSAC Advanced Diver (RN Diver and Instructor)
PADI Tec 65 Diver & TriMix
Godan Karate, Nidan Judo EKC National Referee

Coaching Qualifications in Athletics, Basketball, Boxing, Cricket, Handball, Hockey, Orienteering, Rugby, Soccer and Volleyball.

CURRENT POSTS:

Professorial Fellow – University of Edinburgh. - Initiate, lead and support research in Human Performance.

Director – Grey Matters Performance Ltd. – a company providing consultancy in performance sport (e.g. England Golf, Premiership Football and Rugby), coach education (e.g. SCUK, Performance Impact Associates) and talent development (e.g. Motor Sports Association, Chelsea FC, HPSNZ)

PREVIOUS FULL TIME EMPLOYMENT:***Performance Sport***

2005-2008 Performance Director, UK Athletics. Responsible for the development and leadership of the World Class Performance Programme (WCPP), involving the management of 64 F/T staff plus numerous consultants, together with an annual budget of over £7M. Benchmarks of performance improvement included the best ever European Indoor Championships, 3rd place in the World Indoors from 19th in 2006), 6th in the Worlds (from 24th), 4th at the Beijing Olympics, and podium places for both Men and Women at the European Team Championships (compared with relegation for both in my first year as PD).

Higher Education

2009-2019 Chair and Director, Institute of Coaching and Performance, University of Central Lancashire

2004-2005 Chair of PE & Sport Performance, University of Edinburgh

1998-2003 Initially Chair of Sport, then Chair of Physical Education & Sport Performance and Head of Department for Physical Education, Sport & Leisure Studies, University of Edinburgh

1998 Personal Chair in Sport Psychology. Director of Sport and Exercise Centre

1995-98 Reader in Sport Psychology and Director of the Sport Psychology Research Programme, Manchester Metropolitan University

1993-95 Senior Lecturer in Sport and Exercise Science, Manchester Metropolitan University. Perspective leader in Sport Psychology.

1992-93 Senior Lecturer at St Mary's College. 2 i/c in Department. Departmental Examinations Officer. Specific responsibility for psychology, research methods and outdoor education.

1991-92: Visiting Professor in Sport & Exercise Science, Pennsylvania State University. Program Director in Sport & Exercise Psychology.

1985-91 Senior Lecturer at St. Mary's College.

Teaching in Schools

1982-84 At Denbigh School, Bletchley. One year Scale two PE/Maths/Science. One year Head of House/PE/Science. Final term as Head of Physical Education.

1981-82 At Pennsylvania State University. Instructor in PE and Psychology.

1980-81 At Lord Grey School, Milton Keynes-PE/Maths.

1979-80 At Willesden Special Unit.

1978-79 Stowe School, Buckingham-PE/Maths. One term as Director of Sport.

Military Service

1972-76 Commissioned Service, Royal Marines

1976-85 Commissioned Service, Reserve Forces

OTHER RELEVANT EXPERIENCE/EMPLOYMENT:

Over 30 years consultancy in Military contexts.

Trained and certified Paramedic (HM Forces) 1974 (Not now current!)

A total of thirty months as an instructor of Outdoor Pursuits including work as a VI at National Centres in UK and the USA.

Director of Coaching, iZone Performance Ltd. Motorsport Performance Company

Past experience as a Strength and Conditioning specialist. Past work with national teams, professional sport and international level performers.

Development and leadership of academic award structures:

- Postgraduate Advanced Diploma in Physical Education. St Mary's College, 1986-1989.
- Cert HE, Dip HE & BSc (Hons) for the APTC. MMU, 1993-4.
- Taught Masters Programmes in Sport Psychology, Exercise Physiology and Sport/Medical Biomechanics. MMU, 1996-97.
- Taught Masters Programmes in Performance Psychology, Performance Coaching, Strength & Conditioning, & Youth Sport. University of Edinburgh, 2001

PROFESSIONAL MEMBERSHIPS

Association of Applied Sport Psychology

British Association of Sport & Exercise Sciences

British Psychological Society

Rugby Coaches Association (Board member and Director)

Zoological Society of London

PROFESSIONAL CONSULTANCY

Consultancy work with various NGBs (including the Motor Sport Association, Martial Arts Commission, BCU and Pony Club) focussed on the development of coaching schemes.

Input to the design and implementation of support programmes in performance sport (e.g. Professional teams in football, rugby and cricket) plus international/professional level competitors in a variety of sports and other performance environments (> 60 Olympic/world medallists, plus pro teams).

Design and deployment of TID initiatives across a variety of domains, including Athletics, Football, Golf, Motorsport, Rugby (Union & League), Skiing/Snowboarding, both nationally and internationally.

Past status as a Staff Tutor and National Faculty, plus commissioned author for the National Coaching Foundation (now Coaching UK).
Attendance at 49 World Championships, 12 Olympic Games, 3 Commonwealth Games and 37 European/EU Championships
Consultancy work internationally in elite sport, including Canada, Fiji, India, New Zealand, Norway, Singapore, Thailand and USA

BOARD EXPERIENCE, COMMITTEE AND ACADEMIC SERVICE

Executive Committee service, British Association of Sport Sciences. 1990-2001.
Member, British Olympic Association, Psychology Steering Group, 1997 - 2005.
Reviewer for over 25 journals across the psychology and performance fields.
Member, the Scottish Executive's Physical Activity Task Force, 2002-03.
Member, SCUK Consultative Group - National Occupational Standards, 2002-03.
Member, the Scottish Executive's PE Review Group, 2002-2003.
Member, DfES/DCMS Working Group on National Coaching Certificate, 2003-05.
Member, BASES Special Committees on Performance Sport & World Class Guarantee Programmes. 2002-2005.
Member, Wellcome Trust Olympic Working Group. 2010-2012.
Director of Coaching, Izone Driver Performance, 2013 – 2017.
Director, Rugby Coaches Association, 2012-present.

External Examination: Research

Adams, S. (2018). Concussion in Motor Sports: An investigation of an education programme to enhance awareness and attitudes PhD, University of Edinburgh.

Bjørndal, C.T. (2017). Mudding through - The dynamics of talent development in Norwegian women's handball. PhD, Norwegian School of Sports Sciences

Gilbourne, D. (1989). Issues and concerns in the psychological preparation of young tennis players. MSc, North East London Polytechnic.

Haugaasen, M. (2015). Retracing the steps towards professional football - Practice engagement characteristics and performance attainment among Norwegian elite youth and senior players. PhD, Norwegian School of Sports Sciences.

Holmes, P.S. (1990). The application of EMG biofeedback to performance enhancement in golf putting. MSc, University of Salford.

Hooper, D.E. (1993). Some factors in movement schema development. PhD, UCNW Bangor.

Innes, W. (1997). A survey and pilot manipulation on the provision of physiotherapy services at an English Premier League side. M.Phil, University of Northumbria.

Iosifidou, P. (1997). The relationship between aggression and anxiety in different sport categories. PhD, University of Manchester.

Onions, C. (2012). Highline Rescue Boat Systems: A study of the load created by tethered rescue boats with respect to stream velocity, trim and hull size. MSc University of Central Lancashire

- Parker, J. (2012). Characteristics of imagery use amongst youth sport performers. PhD, University of Gloucester.
- Storm, L.K. (2015). Talent Development in Scandinavian Elite Sport as seen from a Cultural Perspective. PhD, University of Southern Denmark
- Tredgett, J. (2014). Do increases in task difficulty lead to corresponding increases in group efficacy and performance? MA, University of Central Lancashire.
- Weir, E.A. (1995). Mental imagery and brain electrical activity. MSc, University of Warwick.
- Wright, D.J. (2011). Movement related cortical potentials in skill learning. PhD, Manchester Metropolitan University.

External Examination: Undergraduate

- B.Sc Sport Science/BA Sport Studies, Roehampton Institute, London. 1994 - 1998.
- B.Sc Sport Science, Brunel University, 1995 - 1999.
- BSc Sport & Exercise Science, University of Limerick, 2001-2005.

Postgraduate

- M.Sc Coaching Studies, Moray House Institute, Edinburgh University. 1998-1999.
- M.Sc Sport Science & Coaching Science, Brunel University, 2002-2005.

Successful Supervision of Postgraduate Studies

- Abbott, A. (2005). *Identification and subsequent development of elite performers*. PhD, University of Edinburgh.
- Abraham, A. (1997). *The nature and development of coaching skill*. MSc, Manchester Metropolitan University.
- Abraham, A. (2015). *Understanding Coaching As a Judgement and Decision Making Process: Implications for Coach Development Practice*. PhD, University of Central Lancashire.
- Al Bin Ghadeer, Mohamed Khalifa (2018). *Performance Development in the Civil Defence Directorate of Bahrain through Enhanced Training*. DProf, University of Central Lancashire
- Bellamy, M. (2001). *Testing Processing Efficiency Theory in sport*. PhD, Manchester Metropolitan University.
- Bolger, M. (1992). *The acute effects of exercise bouts on performance of cognitive tasks*. MSc, Pennsylvania State University.
- Burke, V. (2002). *Outdoor Management Training and the development of conflict management skills*. PhD, University of Edinburgh.
- Camp, B.D. (1992). *Workload and attentional demand effects on heart rate control*. MSc, Pennsylvania State University.
- Carling, C. (2012). *Motion analysis of competitive physical activity profiles in a professional soccer club: factors affecting and characteristics of performance*. PhD, University of Central Lancashire
- Carson, H.J. (2013). *Working in the black box: refinement of pre-existing skills*. PhD, University of Central Lancashire.
- Church, T.J. (1991). *Differences in heart rate control strategy between high active and low active individuals*. MSc, Pennsylvania State University.

- Collins, L. (2014). *Professional development in adventure sports coaching*. D.Prof, University of Central Lancashire.
- Cotterill, S. (2007). *Pre-performance routines and their impact on movement kinematics and outcome in golf*. PhD, University of Edinburgh.
- Cowley, J. (2018). *Mind the gap: exploring the decline in Physical Activity at the transition stage of adolescence in Glasgow youth*. D.Prof, University of Central Lancashire
- Crompton, L. (2018). *Periodisation in preparation for active military service in extreme environments*. D.Prof, University of Central Lancashire.
- Cruickshank, A. (2013). *Delivering Culture Change in Elite Sport Performance Teams: A First Exploration*. PhD, University of Central Lancashire.
- Davies, T. (2017). *What do we do with the rest of the day? Examining non-shot making activity in competitive golf*. PhD, University of Central Lancashire.
- Eubank, M. (1998). *Worry as a factor in pre-competitive anxiety*. PhD, Manchester Metropolitan University.
- Goginsky, A. (1992). *Imagery, physical practice schedules and enhancement of dart throwing performance*. PhD, Pennsylvania State University.
- Graybeal, C. (1992). *A critical appraisal of the role of certain aggressive male sports in socializing and institutionalizing violence against women*. MSc, Pennsylvania State University.
- Grecic, D. (2015). *Learning to make the 'Right' Decisions – the Epistemological Chain in Action: An Investigation and Guide for Elite Golf Practice*. PhD, University of Central Lancashire.
- Giblin, S. (2016). *Enhancing participation and performance in physical activity through primary level physical education – The role of Physical Literacy*. PhD, University of Central Lancashire.
- Grey, P. (2017). *Social Interaction: A Missing Link in Adventure Sports Coaching*. D.Prof, University of Central Lancashire.
- Goudy, A. (1994). *A psycho-biological examination of changes associated with high dose usage of anabolic steroids*. PhD, Pennsylvania State University.
- Henson, E.M. (1993). *Differences in psychophysiological parameters associated with contextual interference effects in skill learning*. MSc, Pennsylvania State University.
- Hill, A. (2016). *Psycho-Behaviourally Based Features of Effective Talent Development*. PhD, University of Central Lancashire
- Holmes, P. (2001). *Slow wave potentials in actual and simulated performance in target sports*. PhD, Manchester Metropolitan University.
- Jones, N. (2018). *Genetic testing in sports training: An examination of the utility of polygenic algorithms in the application of individualised training programmes*. D.Prof, University of Central Lancashire
- Kaur, A. (2014). *Critical considerations of Level 4 coach education in the UK: A theoretical and empirical study*. MSc, University of Central Lancashire.
- Lebrun, F. (2019). *Addressing the Context and Make Up of Mental Health Issues in High-Performing Athletes*. PhD, University of Central Lancashire
- Liefeith, A.K. (2019). *The role of general motor ability and agility in sport performance*. PhD University of Central Lancashire

- Lovell, G.P. (1998). *Temporal and perspective characteristics of imagery*. PhD, Manchester Metropolitan University.
- MacNamara, Á. (2010). *The Role of Psychological Characteristics of Developing Excellence in Negotiating the Pathway to Excellence*. PhD, University of Central Lancashire.
- MacPherson, A. (2009). *Rhythmicity and automaticity in elite sport performance*. PhD, University of Edinburgh.
- Martindale, R. (2008). *Characteristics and optimisation of Talent Development Environments*. PhD, University of Edinburgh.
- Martindale (nee Davidson), A., (2010). *Professional Judgement and Decision Making in applied sport psychology*. PhD, University of Edinburgh.
- Mascarenhas, D. (2005). *Decision making in elite rugby referees*. PhD, University of Edinburgh.
- Mather, B.J. (2019). *Changing Grassroots Culture in Australian Rugby League*. D.Prof, University of Central Lancashire
- McIver, S. (2018). *Mentally Tough Teams in Professional Rugby Union: Important Factors, Processes and Mechanisms*. D.Prof, University of Central Lancashire.
- Moffatt, D. *Target focused aiming in golf: Mechanisms and advantages* PhD, University of Central Lancashire
- Olsson, C. (2019). *Re-Wiring Personal Epistemology; A Framework for Effective Mentoring*. D.Prof, University of Central Lancashire.
- Pankhurst, A. (2014). *Exploring stakeholder coherence in an effective talent identification and development environment*. PhD, University of Central Lancashire.
- Pecan, E. (2019). *Mental aspects of performance in high level classical music*. PhD, University of Central Lancashire
- Potts, N. (2008). *An investigation into the influence of learning strategy on the acquisition of the Olympic weightlifting clean*. PhD, University of Edinburgh.
- Quinn, M. (2020). *Athlete monitoring in rugby league: a focus on the conceptualisation, implementation and utilisation of a wellness questionnaire*. PhD, University of Central Lancashire
- Richards, P. (2018). *Developing team decision making in team invasion games*. PhD, Glyndwr University
- Rotheram, D. (2019). *Identifying and applying the characteristics of an effective whole sport talent development system*. D.Prof, University of Central Lancashire
- Rowe, L.M. (1996). *Psychological and physiological aspects of Olympic distance triathletes*. MSc, Manchester Metropolitan University.
- Sanchioli, G. (1991). *Injured athlete's perceptions of athletic trainers: A qualitative examination*. MSc, Pennsylvania State University.
- Savage, J.M. (2019). *Challenge and Growth on the Talent Development Pathway*. PhD, University of Central Lancashire.
- Sharp, M.A. (1999). *The causative association between AAS and aggression in human males – what evidence?* M.Phil, Manchester Metropolitan University.
- Sharp, M.A. (2005). *Assertion and dominance in group behaviour: Biochemical concomitants and mechanisms*. PhD. University of Edinburgh

- Smith, D. (2001). *Imagery: Perspective, methodology and rhythm effects*. PhD, Manchester Metropolitan University.
- Stoszkowski, J. (2015). *Exploiting Social Learning as a Legitimate Tool in Coach Development*. PhD, University of Central Lancashire.
- Taylor, R.D. (2018). *Exploring the impact of siblings on talent development in sport*. PhD, University of Central Lancashire
- Tebbenham, D. (1999). *A comparison of talent development surveys in the UK*. MSc, Manchester Metropolitan University.
- Thorburn, M. (2009). *Knowledge representation and development in Physical Education Exam Courses* PhD, University of Edinburgh.
- Vallone, C. (1992). *Relapse prevention: The effect of cognitive strategies on exercise adherence*. MSc, Pennsylvania State University
- Webb, V. (2019). *Exploring the principles and mechanisms of coherent coaching on talent pathways* D.Prof, University of Central Lancashire
- Wells, C.M. (1991). *The self-efficacy performance link in maximum strength performance*. MSc, Pennsylvania State University
- Willmott, T. (2017). *Action sports in transition: Optimising performance*. D.Prof, University of Central Lancashire
- Winter, S. (2015). *Keeping it real: professionalism, practice, and process in applied sport psychology* D.Prof, University of Central Lancashire.
- Wright, C. (2015). *Professional aspects of match analysis in football*. PhD, University of Central Lancashire.

52 Doctorates, 13 others

Research Supervision in Progress

- Alfano, H. *Supporting the best, better: developing the science behind sport science and medicine delivery*. PhD, University of Edinburgh.
- Burns, A. *Interdisciplinary approach to performance support or Coaching by Committee*. PhD, University of Edinburgh.
- Collins, R. *Developing and facilitating psycho-motoric concomitants of high-level performance*. PhD, University of Edinburgh.
- Downes, P. *Evaluating perceptions of high-level S and C coaches on the types of knowledge and skills needed, and their relevance to work in the field*. PhD, University of Edinburgh.
- Grech, A. *An investigation into the extrinsic factors that hinder sports development and capabilities in Malta*. PhD, University of Edinburgh.
- Harris, J. *Raising happy champions: Parenting high level child athletes*. PhD, University of Edinburgh.
- Khasnis, U. *Establishing and optimising the role and conduct of talent pathways in the Indian sports system*. PhD, University of Edinburgh.
- Kiely, J. *Coordination as an under examined parameter in human performance* PhD, University of Central Lancashire.
- Pankhurst, A. *Catering for cultural issues on coach education*. PhD, University of Edinburgh.

- Price, A. *Learning and performance returns from using digital game design principles in sport coaching*. PhD, University of Edinburgh.
- Sanchez, E. *Developing Talent in Dance: What is needed and how are young dancers best prepared?* PhD, University of Edinburgh.
- Taylor, J. *The Evolution of Excellence. Investigating progression through a talent pathway*. PhD, University of Edinburgh.

FUNDING AND ACADEMIC COLLABORATION

Past and Current Research/Consultancy Grants

Total to date of £1.4M research and over £2.5M support

- Collins, D.J., & Doherty, M. (1989). The relative efficacy of aerobic and resistance training as health-related activities. £2,400: South Eastern Counties Weightlifting Association.
- Collins, D.J. (1991). Psychological preparation of Olympic Weightlifters. £10,000: Sports Council.
- Buckley, W.E., Collins, D.J., & Yessalis, C. (1991). Patterning of physiological, behavioural and attitudinal changes associated with high dose AS usage. \$25,000: American Health Association.
- Collins, D.J. (1993). Psychological support and development of Olympic Speed Skating. £16,400: Sports Council.
- Collins, D.J. (1993). Effective coaching. A total programme for training, reciprocal tutoring, assessment and evaluation. £76,000: Lawn Tennis Association Trust.
- Collins, D.J. (1994). Psychological support for Olympic weightlifting. £56,000: Sport Science Support Programme/Sports Council.
- Collins, D.J., & Sharp, M. (1995). Prevention and limitation of AS usage. £32,800. Department of Health/Standing Conference on Drug Abuse.
- Collins, D.J., Smith, N.C., & James, B.D. (1996). In-event anxiety and sport performance. £147,800. Sports Council.
- Burwitz, L., Collins, D., & Moore, P. (1996). The Development of Sporting Talent. £52,000. English Sports Council.
- Burwitz, L. & Collins, D. (1997). Development of the Adidas backed life skills and talent development resource for the PFA. (£220,000)
- Collins, D., Faulmann, L., Payton, C., & Wellington, P. (1998). World Class Performance Plan for Short Track Speed Skating: Total sport science budget of approximately £67,000 p.a.
- Collins, D.J. & Jones, A.M. (1998). Support program for elite Rugby referees. £62,000. Rugby Football Union.
- Collins, D.J. et al., (1999-2000). Elite service support for the Scottish Institute of Sport. £800,000.
- Collins, D.J., Jess, M.C. & Abbott, A. (1999). Evaluation and enhancement of the DfEE Masterclass Program. £16,788. Biddick School/DfEE.
- Collins, D.J. Mortimer, P.M., & Jones, A.M. (2000). Researching and developing coherence of decision-making in Rugby referees. £133,986. Rugby Football Union.

- Collins, D.J. & Abbott, A. (2000). Evaluation and Development of the Talent Identification and Development Programme. £43,710. **sportscotland**.
- Collins, D.J. & Jess, M.C. (2001). Research and Development of The Active Primary Schools Project £180,000. **sportscotland**.
- Collins, D.J. & Abbott, A. (2002). Developing the Potential of Young People in Sport. £152,000. **sportscotland**.
- Collins, D.J. Abraham, A. & Martindale, R. (2002). Investigating the planning and professional development profiles of elite British sports coaches. £15,000. United Kingdom Sports Institute.
- Collins, D. & Sowerby, K. (2003). Development of a “Born to Win” website for the BBC Academy. £20,000.
- Collins, D. (2010). Educational support and professional development to the National Institute of Sport, Patiala, India. £75,000
- MacNamara, A & Collins, D. (2010). Research support for the English Golf Union Talent Pathway. £15,000.
- Collins, D. & MacNamara, A. (2012). Why athletes say NO to doping: exploring reasons across sport, age, ethnicity and experience. WADA, \$25,000.
- Collins, D. & MacNamara, A. (2013). External review and consultancy on the England Hockey ‘Single System’ for TID. £3,500.
- MacNamara, A. & Collins, D. (2013). External review and consultancy on the GAA TID initiative. 5000 euros
- MacNamara, A., Collins, D. & Cruickshank, A. (2013) KTP for the Rugby Football League. Optimising Talent Development Environments £134,000
- BMT DSL/Frazer-Nash Consultancy/BMT RCL/Symbiotics/University of Central Lancashire. (2014). Training for Platform Modularity. £165,000.
- Martindale, A. & Collins, D. (2014). Scottish Institute for Policing Research £29,750
- Martindale, A. & Collins, D. (2014). Accelerating Professional Judgement and Decision Making Expertise in Crime Scene Examination, ESRC Impact Grant. £9870.
- Martindale, A. & Collins, D. (2015) Scottish Institute of Policing Research (SIPR) *Accelerating Professional Judgement & Decision Making Expertise: Feedback and Scenario-Based Training in Crime Scene Examination*. £4979
- Collins, L. Collins, D. & Carson, H. (2016). Evaluating and offering direction through a review of TTUK Climbing Awards £16,780
- Collins, D. & MacNamara, A. (2017). A review of Participant Development in Sport 2010-2017, Sports Coach UK. £6998.
- Collins, D. & MacNamara, A. (2017). “This Child Could”: A scoping study for work to support and drive work in the pre-academy space, Coaching UK. £10,000.

Current Academic Collaborations

- Academic collaboration with the Norwegian Sports Science University, Oslo 2016-ongoing
- Research collaboration with University of Gent, Belgium. 2017-ongoing
- Research collaboration with University of Lausanne, Switzerland 2018 – ongoing

Academic and research collaboration with Department of Physical Education,
Sports Center, Federal University of Santa Catarina, Brasil

RESEARCH AND PUBLICATIONS:

Publications: Books

1. Collins, D.J., (1982). *The use of Physiological Measures in Sport Psychology: A Handbook*. University Park, Pa: Pennsylvania State University.
2. Collins, D.J., Davies, A.B.C., & Whittaker, D., (1990). *Working with Teams*. Leeds: National Coaching Foundation.
3. Collins, D.J., De Looy, A., Thomas, P. and Chapman, C., (1990). *Get Ready for Squash*. Swindon: Crowood.
4. Collins, D.J., (1992). *Sport Psychology and Motor Control*. Leeds: National Coaching Foundation.
5. Collins, D.J., (1993). *Applying Psychological Research for Coaching and Performance Enhancement*. Leeds: National Coaching Foundation.
6. Abbott, A., Collins, D.J., Martindale, R., & Sowerby, K. (2002). *Talent Identification and Development: An Academic Review*. Edinburgh: **sportscotland**.
7. Hale, B.D. & Collins, D. (2002). *Rugby Tough*. Champaign, Il: Human Kinetics.
8. Abbott, A., Collins, D., Sowerby, K. & Martindale, R. (2007). *Developing the potential of young people in sport*. Edinburgh: **sportscotland**. ISBN 978 85060 510 2.
9. Bailey, R.P., Collins, D., Ford, P., MacNamara, Á., Toms, M. & Pearce, G. (2010) *Participant Development in Sport; An Academic Review*. Leeds: SportsCoach UK.
10. Collins, D., Button, A. & Richards, H. (2011). *Performance Psychology: A Practitioner's Guide*. Oxford: Elsevier.
11. Collins, D. & MacNamara Á., (2017). *Talent Development: A Practitioner Guide*. Oxford: Routledge
12. Collins, D., Jordet, G. & Cruickshank, A. Eds. (2019). *The Routledge Handbook of Elite Performance*. Oxford: Routledge.
13. Sanchez, E., Collins, D. & MacNamara Á., (2020). *Talent Development in Dance*. Marlborough, Wiltshire: Crowood

Chapters in Books & Published Proceedings

1. Collins, D.J., (1985). The efficacy of coping skills in controlling arousal and its physiological concomitants. In: *Proceedings of the International Society for Sport Psychology World Congress. Copenhagen*. Champaign, Ill: Human Kinetics.
2. Collins, D.J., & Perry, F.T., (1986). Karate in schools: An idea worth fighting for. In *Proceedings of the Commonwealth Conference in Sport Science Health, Physical Education and Dance*. London: E & FN Spon.
3. Lyon, G., & Collins, D.J., (1989). Teaching techniques and group leadership. In R. Rowe, (Ed.), *The Canoeing Handbook*, pp. 341-366. Nottingham: BCU.

4. Collins, D.J., (1990). Character building by sport and for sport, an outdated concept? In: *Proceedings of the AIESEP World Congress*. London: E & FN Spon.
5. Collins, D.J., (1995). Psychophysiology and sports performance. In S.J.H. Biddle, (Ed.), *Exercise and Sport Psychology: A European Perspective*, pp. 154-178. Champaign, IL: Human Kinetics.
6. Burke, V., & Collins, D. (1996). Physical challenge and the development of conflict management skills. In H. Steinberg and J Annett (Eds.), *Workshop Report on Teamwork*. Leicester: British Psychological Society.
7. Lovell, G.P., & Collins, D. (1996). Applied interventions for improving team effectiveness. In H. Steinberg and J Annett (Eds.), *Workshop Report on Teamwork* (pp.57-65). Leicester: British Psychological Society.
8. Moore, P., & Collins, D. (1996). Role conflict in team sports settings. In H. Steinberg and J Annett (Eds.), *Workshop Report on Teamwork*. (pp. 112-130) Leicester: British Psychological Society.
9. Moore, P., Collins, D., & Burwitz, L. (1997). *The Development of Sporting Talent*. English Sports Council: Technical Report
10. Burke, V., & Collins, D. (2000). Dealing with work conflict: The Manager's challenge. In Shri Bhagwan Dahiya (Ed.), *The Current State of Business Disciplines, Volume 5 Management II*. Rohtak, India: Spellbound Publications.
11. Burke, V., & Collins, D. (2000). Outdoor management development: A new framework for analysing learning outcomes. In Shri Bhagwan Dahiya (Ed.), *The Current State of Business Disciplines, Volume 5 Management II*. Rohtak, India: Spellbound Publications.
12. Holmes, P., & Collins, D. (2002). Functional equivalence solutions for problems with motor imagery. In I. Cockerill (Ed.), *Solutions in Sport Psychology*, London: Thompson.
13. Blumenstein, B., Bar-Eli, M., & Collins, D. (2002). Biofeedback training in sport. In B Blumenstein, M. Bar-Eli & G. Tenenbaum (Eds.), *Brain and Body in Sport and Exercise*, pp 55-76. Chichester: Wiley.
14. Collins, D. (2002). Psychophysiology and sports performance. In B Blumenstein, M. Bar-Eli & G. Tenenbaum (Eds.), *Brain and Body in Sport and Exercise*, pp 15-36. Chichester: Wiley.
15. Burke, V., Collins, D. & Earle, M. (2002). Using the outdoors to promote the learning of managerial skills: analysing the process of learning transfer. In G. Berridge & G. McFee (Eds.), *Partnerships in Leisure, Sport, Tourism and Management*. Brighton: LSA.
16. Collins, D. (2006). The psychobiology of biofeedback and sport performance. In E. Acevedo & P. Ekkekakis (Eds.), *Psychobiology of Exercise and Sport*. Champaign, IL: Human Kinetics.
17. Collins, D. & MacPherson, A. (2007). Psychological factors of physical preparation. In B. Blumestein, R. Lidor & G. Tenenbaum (Eds.), *Psychology of Sport Training*. Oxford: Myer & Myer Sport.
18. Collins, D., Bailey, R.P., Ford, P., MacNamara, Á., Toms, M. & Pearce, G. (2011). Rethinking participant development in sport and physical activity. In

- N. Holt and M. Talbot (Eds) *Lifelong Engagement in Sport*. Berlin / London: ICSSPE / Routledge.
19. Bailey, R.P., Toms, M., Collins, D., Ford, P., MacNamara, Á. and Pearce, G. (2011). Models of Young Player Development in Sport. In. Ian Stafford (Ed), *Coaching Children in Sport*. 38-56. London: Routledge.
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4. Collins, D.J., Powell, G., & Davies, I., (1990). The effect of power and accuracy requirements on pre-performance cerebral activity. *Journal of Sports Sciences*, 1, 82.
5. Holder, T., & Collins, D.J., (1990). A preliminary investigation of cue detection in shielded and non-shielded Table Tennis serves. *Journal of Sports Sciences*, 1, 87.
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66. Kelly, C., Fletcher, G., Crabbe, R., Wood, M. & Collins, D. (2016). The human element of modular capability. *Proceedings of the Institute of Naval Architects: Human Factors*, 28-29 September, London, UK
67. Carson, H.J., Collins, D., & Christina, B. (2016). Technique change in experienced golfers: Coaching considerations for maximizing long-term permanence and pressure resistance. *International Journal of Golf Science*, 5(Suppl. 1), S6.

Papers in Non-Refereed Journals, Other Publications and Media

1. Collins, D.J., (1989). The coaching sequence: An EDICT about IDEAS. *CoDE* (BCU publication), **31**, 4-6.
2. Collins, D.J., (1989). Sporting yips, a modern sportsmen's complaint. *Seven Sport*, Channel Four broadcast, May 28th. 1989.
3. Collins, D.J., (1990). Breaking Barriers: Sport Psychology and Total Fitness. *Observer Colour Magazine*, 24th June 1990.
4. Collins, D.J., & Rowe, R.E., (1991). *Outdoor adventure education as an element in the treatment of young high category offenders*. Home Office Report commissioned by Glenthorne Centre, Birmingham.
5. Bokur-McDaniel, D., & Collins, D.J., (1992). Riding Relaxed. *Equus*, July, **58-64**, 122-123.
6. Collins, D.J., (1993). *Sport Psychology: The final frontier?* BBC World Service broadcast, February 16th, 1993.
7. Collins, D.J., (1993). Beta Endorphin - The root of exercise benefits? *All in the Mind*. BBC Radio 4 broadcast May 25th. 1993.
8. Collins, D.J., (1993). Mental Muscle: Psychological aspects of Weight Training and Weight Lifting. *Coaching Focus*, Leeds: NCF.
9. Collins, D.J., & Lovell, G.P., (1993). *Mental Skills for Rugby*. Welsh Rugby Football Union Player Development Programme. Cardiff: Sports Council for Wales.
10. Collins, D.J., & Lovell, G.P., (1993). *Training with free weights*. Welsh Rugby Football Union Player Development Programme. Cardiff: Sports Council for Wales.
11. Lovell, G.P., & Collins, D.J., (1993). *Setting Goals for Elite Performance*. Welsh Rugby Football Union Player Development Programme. Cardiff: Sports Council for Wales.

12. Collins, D.J., (1994). Mind Games. Programme 4 *The Contenders*, BBC1 July 29th. 1994.
13. Collins, D.J., (1995). Early detection of overtraining problems in athletes. *Coaching Focus*, **28**, 17-20.
14. Collins, D.J., (1997). Psychological aspects of travel and acclimatisation. *Coaching Focus*, **36**, 12-16.
15. Equinox, "Losing it!" Channel 4 broadcast, November 10th. 1997.
16. Collins, D.J. (1998). Building the will to win: A research based approach to effective mental preparation. *Sports Industry*, Jan/Feb, 53.
17. Collins, D.J. (1998). So why should you use a sport psychologist? *Football Management*, **6**(1), 26.
18. Collins, D.J. (1999). The psychology of power training. *FHS*, **3**, 28-29.
19. Collins, D.J. (1999). "In the event" How does anxiety affect performance? Part 1: Social and individual factors. *FHS*, **4**, 27-29.
20. Collins, D.J. (1999). "In the event" How does anxiety affect performance? Part 2: Anxiety, coach/athlete influence and movement control. *FHS*, **5**, 26-29.
21. Collins, D.J. (1999). "In the event" How does anxiety affect performance? Part 3: Anxiety, how it can affect performance and how it can help or hinder. *FHS*, **6**, 24-27.
22. QED "*Into the Blue*", BBC broadcast, May 11th 1999.
23. Collins, D.J. (2000). The Zulu principle. Avoiding staleness and overtraining with your athletes, *FHS*, 9.
24. Mascarenhas, D., Mortimer, P., & Collins D. (2002). The Four Cornerstones Model. A system for referee assessment and development. *Referee*, April, 38-39.
25. Horizon "*The England Patient*", BBC broadcast, May 21st 2002.
26. Tomorrow's World Sport Science Special. BBC broadcast, 14th August 2002.
27. "Born to Win". BBC broadcast, September 27th, October 4th, 11th, 18th, 25th, November 1st, 2003.
28. Material World. BBC Radio 4 broadcast, 8th April, 2004.
29. MacNamara, A. & Collins, D. (2004). What you see IS what you get: Optimising imagery use and avoiding negative vibes in ballet. *Dance UK News*, **54**, 14-15.
30. Collins, D. (2004). A rough guide for the travelling sport scientist. *The Sport and Exercise Scientist*, **1**, 20-21.
31. Collins, D. (2008). Running the world-class programme in athletics. *The Psychologist*, **21**(8), 682-683
32. Botting, M. & Collins, D. (2005). Optimising support in dance performance. *Dance UK News*, **56**, 22-24.
33. Collins, D. (2010). Coaching national and international athletes. *Coaching Edge*, **18**, 30-31.
34. *Daredevils: Life on the edge*. Channel 4 broadcast, 2nd July 2012.
35. Stoszkowski, J. & Collins, D. (2015). Maximising coach learning. *Champ Magazine* (Aspire), **11**, 41-44.
36. Olsson, C., Cruickshank, A. & Collins, D. (2016). Reflecting for expertise. *Boot Room* (FA Coaches Magazine), **15**, 46-54.

Major Conference Presentations and Symposia

- Collins, D.J. (1990). *Who is the customer, athlete or coach?* Invited paper presented at the British Institute of Sports Coaching Annual Conference, Slough, December.
- Collins, D.J. (1992). *Cerebral activity in skilled performance: Implications for research and psychological preparation.* Invited paper presented at the British Psychological Society Annual Conference, Scarborough, April.
- Collins, D.J. (1992). *The potential of psychophysiology as a research tool in sport psychology.* Invited paper presented at the annual meeting of the British Association, Southampton, September.
- Collins, D.J. (1993). *Psychological preparation and development of Weight lifters.* Invited presentation to the European Weightlifting Federation Medical Conference, Bisham Abbey, Marlow, Bucks, February.
- Collins, D.J. (1993). *Psychophysiology as a research tool and intervention technique in Sport Psychology.* Invited paper presented at the Psychiatry and Psychology of Sport Symposium, Maudsley Institute, London, December.
- Collins, D.J. (1996). *Stress effects in sporting and military settings.* Invited presentation to the Royal Society of Medicine, R.S.M., London, October.
- Collins, D.J. (1998). In the event. (How) Does anxiety affect performance? Invited keynote presentation, British Psychological Society Annual Conference, Brighton, April.
- Collins, D.J. (2000). *Developing team communication: Case studies from elite rugby.* Invited paper presented at the British Association Festival of Science, London, September.
- Collins, D.J., Trower, J & Randall, G. *Preparing to win.* (2002). Invited presentation at the UKSI World Class Coaching Conference, The Belfry, November.
- Collins, D.J. (2003). Invited presentations at the Prix de Lausanne International Competition for Young Dancers, Lausanne, January.
- Collins, D.J. (2003). *Developing high performance personnel in an institute environment.* Invited presentation at the International Forum on Elite Sport, Loughborough, September.
- Collins, D. (2004) *What can science do for sport.* The University of Edinburgh Science Festival Lecture, April.
- Collins, D. (2007). *Mental Toughness: the key component for elite athletes.* The Dr. Fred Binding Memorial Lecture, Wilfred Laurier University, Canada.
- Collins, D. (2008). *Where from here? Reflections on Beijing.* BOA invited keynote, British Association of Sport and Exercise Sciences Annual Conference, Brunel University, September.
- Collins, D. (2008). *Strange Bedfellows: WHY sport AND exercise psychology?* Invited keynote, Inaugural British Psychological Society DSEP Conference, London, December.
- Collins, D., Martindale, A., Mascarenhas, D. & Richards, P. (2009). *Decisions Decisions! Professional judgement and decision making as a crucial cross-domain construct in applied sport science.* Invited symposium, British Association of Sport and Exercise Sciences Annual Conference, Leeds Metropolitan University, September.

- Collins, D. (2010). *A Sporting Utopia – Achieving world class performance, personal excellence AND mass participation*. Invited presentation in the government sponsored conference Delhi 2010: The Games and the Commonwealth.
- Collins, D. (2010). *Strategy, Scienciness and Shangri-La*. Invited keynote, Fit for London, 2012? An assessment of UK sport policy in comparative context. Birmingham University, July.
- Collins, D. (2011). *Developing character through sport*. Invited Keynote, annual conference, SAAPSS, Bangkok, Thailand.
- Collins, D. (2011). *Talent Development: The game between the ears*. Invited keynote presentation. Science for Success, KIHU, Jyväskylä, Finland.
- Collins D. (2012). *Tough love: The rocky road to success*. Invited keynote at the National Conference in Youth Sport, Loughborough.
- Collins, D. (2012). *Progression through sport*. Invited keynote, HPSNZ National Conference on Excellence, Otago.
- Collins, D. (2013). *The Road to Success: Rocky, Yellow-Brick or Paved with Good Intentions?* Invited Keynote, European ‘Foundations for Excellence’ Conference, Dartington.
- Collins, D. (2013). *Working with elite and Olympic coaches*. Invited Keynote, European Federation of Sport Psychology (FEPSAC) Bi-annual conference, Paris
- Collins, D. (2013). *Three more myths of applied sport psychology practice*. British Psychological Society Sport and Exercise Division Distinguished Contribution Career Award keynote. Manchester, December
- Collins, D. (2014). *Sport psychology and the over trained/fatigued athlete*. Invited presentation, British Association of Sport and Exercise Medicine Spring Conference, Manchester.
- White, C., Middlemiss, D. & Collins, D. (2014). *The referee isn’t always right*. Invited presentation at the Cheltenham Science Festival, June.
- Collins, D. (2014). *Umpires are peculiar people! The psychology of officiating*. Invited keynote to the Annual ACO Conference, Lords Cricket Ground, November.
- Collins, D. (2015). *Mental aspects of performance and development*. Invited keynote to the London International Piano Symposium, Royal College of Music, February.
- Collins, D. (2015). Invited keynote and workshops to the 25th Anniversary Conference, *Vereniging voor Sportpsychologie Nederland (VSPN)*.
- Collins, D. (2016). *Moving towards high performance culture in football*. Invited Fellows Lecture, Aspire Global Summit, Amsterdam Arena, Holland. October
- Collins, D. (2018). Invited Keynote to the Congrès International de la Société Française de Psychologie du Sport (SFPS), Lausanne, June
- Collins, D. (2019). *Psycho considerations for strength coaches*. Invited keynote to the UKSCA Annual Conference, Milton Keynes, June.
- Collins, D. (2019). Invited presentations to the Rugby 6 Nations Conference, Bordeaux, July.

PERSONAL PERFORMANCE:***Sport***

Rugby: Saracens, Bedford and Northampton. Army U21, Royal Marines, Middlesex Clubs, Middlesex, East Midlands and Midlands.

American Football: Nine years National League. Great Britain International 1987-1990 (Defensive Captain 88-90).

Judo: British Students Team Championship, 1980.

Karate: UK Knockdown Team Championship and UK Novices Open Knockdown Champion, 1978.

Boxing: ABA Junior Quarter finalist 1970, 1971.

Canoeing: British Students Whitewater. Devizes to Westminster Canoe Race 1986, 1988, 1990, 1992 & 1995. Arctic Canoe Race 1993.

Mountaineering: Six seasons Alpine, Joint Services expedition to Nepal, 1974. I have led to HVS and climbed to E3 just!

Water Polo: Royal Marines.

Coaching and Team Management

Athletics: Team Leader/Chef de Mission at all European and World Championships, 2005-2007. Team Leader, Beijing Olympics 2008.

Rugby: Specialist involvement to England Students, 1986-1990. USA National Collegiate Championships 1990, 1991, 1992. Visiting Coach Meiji and Ritsumeikan Universities, Japan. 1990 & 1993.

Karate: Fitness Coach and Team Manager, British SportKo Team, 1988-93.

Speed Skating: Team Manager at Nagano Olympics, three World and five European Championships

Skeleton Bobsleigh: Team Management at World Championships, 2003, 2004.

Awards

Commanding Officer's Commendation on three occasions

I. B. Mac Award for Outstanding Student. Borough Road College, June, 1978.

Annual International Student Council Award for contributions to the International Student Community, Pennsylvania State University, August, 1982.

Elected Founding Fellow, Society of Martial Arts (FSMA). June, 1993.

Elected Associate Fellow, British Psychological Society. December 2009.

BASES Applied Practitioner of the Year Award 2010.

Elected Fellow, British Association of Sport and Exercise Sciences, August 2010

Inclusion in "Who's Who", 2005-Present

British Psychological Society Sport and Exercise Division Distinguished Contribution Career Award - 2013

CONFIDENTIAL REFEREES:

Professor Les Burwitz PhD, Professor Emeritus,

Department of Sport and Exercise Sciences

Manchester Metropolitan University

Hassall Road

Alsager, ST7 2HL

Christine Nash PhD, Head of Institute
Sport, Physical Education and Health Sciences
Moray House School of Education
University of Edinburgh
St Leonards' Land,
Holyrood Road
Edinburgh, EH8 8AQ