

## L. Cassidy Ide (Cassidy Laurens)

San Francisco Bay Area

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### Skills

- Knowledgeable in functional musculoskeletal anatomy, osteology, and palaeopathology
- Confident and compassionate teaching style with an emphasis on equality, diversity, and inclusion
- Ability to ethically handle, clean, and store delicate archaeological human remains
- Skilled in Microsoft Office 365 for Mac, Dropbox, Google Drive, RStudio, and video conferencing
- High level of attention to detail, pattern recognition, and creative problem solving
- Cooperative and solution-oriented approach to leadership and teamwork

### Education

Doctoral candidate, PhD Archaeology, University of Edinburgh (2022)

Master of Science, Human Osteoarchaeology, University of Edinburgh (2017)

Bachelor of Arts, Biological Anthropology and Archaeology, California State University, East Bay (2016) GPA 3.9 (First/Honours)

Associates of Occupational Studies, Massage Therapy, Colorado School of Healing Arts (2005)

### Teaching

Postgraduate Tutor/Demonstrator, School of History, Classics, and Archaeology, University of Edinburgh, Scotland (2018/20)

- Paid position preparing skeletal specimens for laboratory teaching and leading independent small group practice tutorials for UG and MSc students
- Undergraduate level taught courses: The Human Skeleton in Archaeology and Forensic Science: Investigating Death and the Dead
- Masters level taught courses: Human Musculoskeletal Anatomy, Analytical Methods in Human Osteoarchaeology, Skeletal Pathology

Undergraduate Teaching Assistant, California State University, East Bay, USA (2015/16)

- Paid position leading groups of students in display projects for and assisting museum directors in marketing at the C. E. Smith Museum of Anthropology

LGBT Community, various, USA and Scotland, UK

- Volunteer roles include public speaking, educational presentation and demonstration at conferences, leading small group activities, and hands-on training

### Relevant Experience

Skeletal Collections Volunteer, University of Edinburgh (2017)

- Performed skeletal and pathological analysis on skeletal collections at the University of Edinburgh
- Properly packed, stored and categorised human remains for conservation and future research

Forensic Anthropology Field School Volunteer, Edinburgh Unit for Forensic Anthropology, Crete, Greece (2017)

- Performed skeletal and pathological analysis on skeletal collections in Crete, Greece
- Properly packed and stored human remains for conservation and future research

Clinical Massage Therapist and Administrative Assistant, various, USA (2003/16)

- Provided clinical sports and occupational manual therapy, assessment, treatment plans, follow-up care, and appropriate client education.
- Administrative assistant work included reception, appointment scheduling, new employee training, writing an employee training manual, contributing to the hiring process.
- Supported chiropractor with patient intake and attended therapies

### Administration

Postgraduate Part-Time Tutor Committee, University of Edinburgh (2018/19)

Archaeology Lab Committee, University of Edinburgh (2018/19)

Volunteer in the LGBT community, USA and UK

- Travel, attending conferences, project management, event production for conventions and fundraisers, and volunteer recognition.

## Research and Publications

Ide, L. and L. Fibiger. 2017. 'Lifestyle and Occupation in Medieval Scotland: Entheses and Activity in Two Skeletal Scottish Populations'. MSc Dissertation, : University of Edinburgh.

Ide, L., L. Fibiger, C. Y. Henderson, and C. Pickard. 2019a. 'A bioarchaeological study of enthesal changes and women's activity in medieval Edinburgh, Scotland', *British Association for Biological Anthropology and Osteoarchaeology*. London, UK.

Ide, L., L. Fibiger, C. Y. Henderson, and C. Pickard. 2019b. 'Never Done: A bioarchaeological study of women's work, task, and occupation in medieval Scotland.', *Poster symposium 'Evidence and methods surrounding the use of entheses to reconstruct muscle anatomy and activity' American Association of Physical Anthropology annual meeting*. Cleveland, Ohio, USA.

Strong, R., L. Ide, S. Munsch, E. Kranioti, R. Paine, and C. Lill. 2017. 'An investigation of fractures and polio infection: A case study from a modern Cretan collection.' Liverpool John Moore University: British Association for Biological Anthropology and Osteoarchaeology.

PhD research project "Toil and Trade: Functional Bone Adaptation and Social Allocations of Labour in Urban Medieval Scotland."

- Cross-sectional geometry of the humerus and enthesal changes are used to explore differences in work, task, and occupation based in sex, gender, or socioeconomic status. Joint changes, pathology, modern clinical data, and historical context round out this biocultural analysis of the lives of women and men in the medieval Scottish burgh.
- Supervised by Dr Linda Fibiger, University of Edinburgh, Dr Charlotte Henderson, University of Coimbra, Portugal, and Dr Caitriona Pickard, University of Edinburgh.

Research interests

- Functional adaptation and biomechanics of bone and soft tissue
- Activity, tasks, occupation, and craft
- Feminist archaeology
- Palaeopathology

## Workshops and Training

Human Cadaver Dissection, 14 hours, Samuel Merritt University, California, USA (2016)

- Hands-on training in sharp and blunt dissection methods including scalpels, forceps, Stryker bone saw, hack saw, scrapers, and mallets

Anatomy and Human Cadaver, 14 hours, Life West Chiropractic College, California, USA (2014)

Bloodborne Pathogen Certification, Association of Professional Piercers (2013/19)

## Professional Organisations

British Association for Biological Anthropology and Osteoarchaeology, Student Member, (2016/22)

American Association of Physical Anthropologists, Student Member, (2018/21)

## Scholarship Awards

Postgraduate Scholarships

- £4327 (GBP) The McMillan Award, awarded by the School of History, Classics, and Archaeology at the University of Edinburgh to on-programme research students who demonstrate exceptional progress
- \$6000 (USD) St. Andrew's Society of San Francisco, awarded to a student at the University of Edinburgh who is from Northern California

Undergraduate Scholarships

- \$2000 (USD) Returning adult (mature) student award
- \$1000 (USD) Woman who overcame adverse social circumstances