

# Mark James Adams

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## Employment

- 2021– Senior Research Fellow, Division of Psychiatry, Centre for Clinical Brain Sciences, University of Edinburgh
- 2017–2021 Data Scientist, Division of Psychiatry, Centre for Clinical Brain Sciences, University of Edinburgh
- 2006–2007 Laboratory Technician, Drosophila Genetic Resource Center, Kyoto Institute of Technology

## Education & Training

- 2015–2017 Post-doctoral Research Fellow, Division of Psychiatry, Centre for Clinical Brain Sciences, University of Edinburgh
- 2012–2015 Post-doctoral Research Associate, Department of Animal and Plant Sciences, University of Sheffield
- 2008–2012 PhD Psychology, University of Edinburgh
- 2007–2008 MSc Quantitative Genetics & Genome Analysis, University of Edinburgh
- 1999–2003 AB Theoretical Evolutionary Biology, Cornell University

## External Roles

### Psychiatric Genomics Consortium

- 2019– Open Science Maintainer, <https://github.com/psychiatric-genomics-consortium>
- 2017–2019 Data Access Committee Representative, Major Depressive Disorder Working Group

# Publications

## Preprints

Adams, M. J., Thorp, J. G., Jermy, B. S., Kwong, A. S. F., Kõiv, K., Grotzinger, A. D., Nivard, M. G., Marshall, S., Milaneschi, Y., Baune, B. T., Müller-Myhsok, B., Penninx, B. W., Boomsma, D. I., Levinson, D. F., Breen, G., Pistis, G., Grabe, H. J., Tiemeier, H., Berger, K., ... Derkx, E. M. (2023). Genetic structure of major depression symptoms across clinical and community cohorts. *medRxiv*. <https://doi.org/10.1101/2023.07.05.23292214>

## As Lead Author

*Studies designed and lead.*

Adams, M., Hill, W., Howard, D., Dashti, H., Davis, K., Campbell, A., Clarke, T.-K., Deary, I., Hayward, C., Porteous, D., Hotopf, M., & McIntosh, A. (2019). Factors associated with sharing e-mail information and mental health survey participation in large population cohorts. *International Journal of Epidemiology*. <https://doi.org/10.1093/ije/dyz134>

Adams, M., Howard, D., Luciano, M., Clarke, T.-K., Davies, G., Hill, W., Smith, D., Deary, I., Porteous, D., McIntosh, A., 23andMe Research Team, & Major Depressive Disorder Working Group of the Psychiatric Genomics Consortium. (2019). Genetic stratification of depression by neuroticism: Revisiting a diagnostic tradition. *Psychological Medicine*, 1–10. <https://doi.org/10.1017/S0033291719002629>

Arden, R., & Adams, M. (2016). A general intelligence factor in dogs. *Intelligence*, 55, 79–85. <https://doi.org/10.1016/j.intell.2016.01.008>

Adams, M., Bonaventura, M., Ostner, J., Schulke, O., De Marco, A., Thierry, B., Engelhardt, A., Widdig, A., Gerald, M., & Weiss, A. (2015). Personality structure and social style in macaques. *Journal of Personality and Social Psychology*, 109(2), 338–353. <https://doi.org/10.1037/pspp000041>

Adams, M., Robinson, M., Mannarelli, M., & Hatchwell, B. (2015a). Social genetic and social environment effects on parental and helper care in a cooperatively breeding bird. *Proceedings of the Royal Society B-Biological Sciences*, 282(1810). <https://doi.org/10.1098/rspb.2015.0689>

Adams, M. (2014). Feasibility and uncertainty in behavior genetics for the nonhuman primate. *International Journal of Primatology*, 35(1), 156–168. <https://doi.org/10.1007/s10764-013-9722-8>

Hatchwell, B., Gullett, P., & Adams, M. (2014). Helping in cooperatively breeding long-tailed tits: A test of Hamilton's rule. *Philosophical Transactions of the Royal Society B: Biological Sciences*, 369(1642). <https://doi.org/10.1098/rstb.2013.0565>

Adams, M., King, J., & Weiss, A. (2012). The majority of genetic variation in orangutan personality and subjective well-being is nonadditive. *Behavior Genetics*, 42, 675–686. <https://doi.org/10.1007/s10519-012-9537-y>

## Reviews & Commentary

Adams, M. J. (2023). Leveraging family relatedness to detect participation bias in genetic studies. *Nature Genetics*. <https://doi.org/10.1038/s41588-023-01440-9>

Arden, R., Bensky, M., & Adams, M. (2016). A review of cognitive abilities in dogs, 1911 through 2016: More individual differences, please! *Current Directions in Psychological Science*, 25(5), 307–312. <https://doi.org/10.1177/0963721416667718>

## As Main Author

*Provided primary data, analysis, and design.*

Davyson, E., Shen, X., Gadd, D. A., Bernabeu, E., Hillary, R. F., McCartney, D. L., Adams, M., Marioni, R., & McIntosh, A. M. (2023). Metabolomic investigation of major depressive disorder identifies a potentially causal association with polyunsaturated fatty acids. *Biological Psychiatry*. <https://doi.org/10.1016/j.biopsych.2023.01.027>

Wang, X., Walker, A., Revez, J. A., Ni, G., Adams, M. J., McIntosh, A. M., Wray, N. R., Ripke, S., Mattheisen, M., Trzaskowski, M., Byrne, E. M., Abdellaoui, A., Adams, M. J., Agerbo, E., Air, T. M., Andlauer, T. F. M., Bacanu, S.-A., Bækvad-Hansen, M., Beekman, A. T. F., ... Wray, N. R. (2023). Polygenic risk prediction: Why and when out-of-sample prediction  $R^2$  can exceed SNP-based heritability. *The American Journal of Human Genetics*, 110(7), 1207–1215. <https://doi.org/10.1016/j.ajhg.2023.06.006>  
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Chuong, M., Adams, M. J., Kwong, A. S. F., Haley, C. S., Amador, C., & McIntosh, A. M. (2022). Genome-by-Trauma Exposure Interactions in Adults With Depression in the UK Biobank. *JAMA Psychiatry*, 79(11), 1110–1117. <https://doi.org/10.1001/jamapsychiatry.2022.2983>

Grotzinger, A. D., Mallard, T. T., Akingbuwa, W. A., Ip, H. F., Adams, M. J., Lewis, C. M., McIntosh, A. M., Grove, J., Dalsgaard, S., Lesch, K.-P., Strom, N., Meier, S. M., Mattheisen, M., Børglum, A. D., Mors, O., Breen, G., Meier, S. M., Lee, P. H., Kendler, K. S., ... Schizophrenia Working Group of the Psychiatric Genetics Consortium. (2022). Genetic architecture of 11 major psychiatric disorders at biobehavioral, functional genomic and molecular genetic levels of analysis. *Nature Genetics*. <https://doi.org/10.1038/s41588-022-01057-4>

Shen, X., Caramaschi, D., Adams, M. J., Walker, R. M., Min, J. L., Kwong, A., Hemani, G., Barbu, M. C., Whalley, H. C., Harris, S. E., Deary, I. J., Morris, S. W., Cox, S. R., Relton, C. L., Marioni, R. E., Evans, K. L., McIntosh, A. M., & Genetics of DNA Methylation Consortium. (2022). DNA methylome-wide association study of genetic risk for depression implicates antigen processing and immune responses. *Genome Medicine*, 14(1), 36. <https://doi.org/10.1186/s13073-022-01039-5>

Barbu, M., Harris, M., Shen, X., Stolicyn, A., Green, C., Amador, C., Walker, R., Morris, S., Adams, M., Sandu, A., McNeil, C., Waiter, G., Evans, K., Campbell, A., Wardlaw, J., Steele, D., Murray, A., Porteous, D., McIntosh, A., & Whalley, H. (2021). Epigenome-wide association study of global cortical volumes in Generation Scotland: Scottish Family Health Study. *Epigenetics*. <https://doi.org/10.1080/15592294.2021.1997404>

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pressant use in Generation Scotland and the Netherlands Twin Register implicates the innate immune system. *Molecular Psychiatry*.

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Davis, K., Coleman, J., Adams, M., Allen, N., Breen, G., Cullen, B., Dickens, C., Fox, E., Graham, N., Holliday, J., Howard, L., John, A., Lee, W., McCabe, R., McIntosh, A., Pearsall, R., Smith, D., Sudlow, C., Ward, J., ... Hotopf, M. (2020). Mental health in UK Biobank – development, implementation and results from an online questionnaire completed by 157 366 participants: A reanalysis. *BJPsych Open*, 6(2). <https://doi.org/10.1192/bjo.2019.100>

de Nooij, L., Harris, M., Adams, M., Clarke, T.-K., Shen, X., Cox, S., McIntosh, A., & Whalley, H. (2020). Cognitive functioning and lifetime major depressive disorder in UK Biobank. *European Psychiatry*, 63(1). <https://doi.org/10.1192/j.eurpsy.2020.24>

Green, C., Shen, X., Stevenson, A., Conole, E., Harris, M., Barbu, M., Hawkins, E., Adams, M., Hillary, R., Lawrie, S., Evans, K., Walker, R., Morris, S., Porteous, D., Wardlaw, J., Douglas Steele, J., Waiter, G., Sandu, A.-L., Campbell, A., ... Whalley, H. (2020). Structural brain correlates of serum and epigenetic markers of inflammation in major depressive disorder. *Brain, Behavior, and Immunity*. <https://doi.org/10.1016/j.bbi.2020.11.024>

Howard, D., FolkerSEN, L., Coleman, J., Adams, M., Glanville, K., Werge, T., Hagenaars, S., Han, B., Porteous, D., Campbell, A., Clarke, T.-K., Breen, G., Sullivan, P., Wray, N., Lewis, C., & McIntosh, A. (2020). Genetic stratification of depression in UK Biobank. *Translational Psychiatry*, 10(1). <https://doi.org/10.1038/s41398-020-0848-0>

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Meng, W., Chan, B., Harris, C., Freidin, M., Hebert, H., Adams, M., Campbell, A., Hayward, C., Zheng, H., Zhang, X., Colvin, L., Hales, T., Palmer, C., Williams, F., McIntosh, A., & Smith, B. (2020). A genome-wide association study finds genetic variants associated with neck or shoulder pain in UK Biobank. *Human Molecular Genetics*. <https://doi.org/10.1093/hmg/ddaa058>

Shen, X., Howard, D., Adams, M., Hill, W., Clarke, T.-K., Major Depressive Disorder Working Group of the Psychiatric Genomics Consortium, Deary, I., Whalley, H., & McIntosh, A. (2020). A phenotype-wide association and Mendelian Randomisation study of polygenic risk for depression in UK Biobank. *Nature Communications*, 11. <https://doi.org/10.1038/s41467-020-16022-0>

Stolicyn, A., Harris, M., Shen, X., Barbu, M., Adams, M., Hawkins, E., Nooij, L., Yeung, H., Murray, A., Lawrie, S., Steele, J., McIntosh, A., & Whalley, H. (2020). Automated classification of depression from structural brain measures across two independent community-based cohorts. *Human Brain Mapping*. <https://doi.org/10.1002/hbm.25095>

Arnau Soler, A., Adams, M., Clarke, T.-K., MacIntyre, D., Milburn, K., Navrady, L., Generation Scotland, Major Depressive Disorder Working Group of the Psychiatric Genomics Consortium, Hayward, C., McIntosh, A., & Thomson, P. (2019). A validation of the diathesis-stress model for depression in Generation Scotland. *Translational Psychiatry*. <https://doi.org/10.1038/s41398-018-0356-7>

Arnau Soler, A., MacDonald-Dunlop, E., Adams, M., Clarke, T.-K., MacIntyre, D., Milburn, K., Navrady, L., Generation Scotland, Major Depressive Disorder Working Group of the Psychiatric Genomics Consortium, Hayward, C., McIntosh, A., & Thomson, P. (2019). Genome-wide by environment interaction studies of depressive symptoms and psychosocial stress in UK Biobank and Generation Scotland. *Translational Psychiatry*, 9(1). <https://doi.org/10.1038/s41398-018-0360-y>

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Clarke, T.-K., Adams, M., Howard, D., Xia, C., Davies, G., Hayward, C., Campbell, A., Padmanabhan, S., Smith, B., Murray, A., Porteous, D., Deary, I., & McIntosh, A. (2019). Genetic and shared couple environmental contributions to smoking and alcohol use in the UK population. *Molecular Psychiatry*, N/A, 1–11. <https://doi.org/10.1038/s41380-019-0607-x>

Davis, K., Adams, M., Breen, G., Coleman, J., Dregan, A., Gaspar, H., Hubel, C., Lee, W., McIntosh, A., Nolan, J., Pearsall, R., & Hotopf, M. (2019). Indicators of mental disorders in UK Biobank – a comparison of approaches. *International Journal of Methods in Psychiatric Research*. <https://doi.org/10.1002/mpr.1796>

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Hafferty, J., Navrady, L., Adams, M., Howard, D., Campbell, A., Whalley, H., Lawrie, S., Nicodemus, K., Porteous, D., Deary, I., & McIntosh, A. (2019). The role of neuroticism in self-harm and suicidal ideation: Results from two UK population-based cohorts. *Social Psychiatry and Psychiatric Epidemiology*, 54(12), 1505–1518. <https://doi.org/10.1007/s00127-019-01725-7>

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## As Contributing Author

*Contributed data to secondary analysis or as a consortium member.*

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## Book Chapters

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## Invited talks

2019	College of Medicine, University of Malawi
2014	Institute of Psychiatry, King's College London
	Department of Psychology, University of Sheffield
	Department of Psychology, University of York
2013	German Primate Center. Göttingen

## Teaching

### Undergraduate

Genetic and Environmental Influences on Behaviour and Mental Health  
Medical Science 4 seminar on “Psychiatric Genetics”  
Psychology 2 Practical Course (tutor)  
Psychology 3 Methods (tutor)

### Postgraduate

Univariate and Multivariate Statistics with R

## Workshops

GenomicSEM Module, International Statistical Genetics Workshop

## Supervision

### Doctoral students

#### Secondary supervisor

2017–2021                    Keira Johnston, Precision Medicine

### MSc & Honours Students

U of Edinburgh	Quantitative Genetics & Genome Analysis Biomedical Artificial Intelligence Integrative Neuroscience
U of Sheffield	Biomedical Sciences and Medical Sciences Sheffield Undergraduate Research Experience

## Grants

2021–2024	Medical Research Council. <i>DATAMIND: Data Hub for Mental health INformatics research Development.</i> (2021–2024) £225,575. (Co-I)
2014	Wellcome Trust. <i>Inferring genetic architecture from high-density genomic data.</i> £2000 (Co-I)
2010	Moray Endowment Fund Award. <i>Selection on human personality.</i> £2280.
2009	Sasakawa Foundation. <i>Personality in Japanese macaques.</i> £1000.

## Awards

2012	Fulker Award, Behavior Genetics Association ( <i>Given to a paper of unusual merit that appeared in the most recent volume of Behavior Genetics</i> )
2008	Sir Kenneth Mather Memorial Prize, Genetics Society. ( <i>Outstanding performance in the area of quantitative genetics.</i> )

## Knowledge Exchange

2021	Evidence Submitted to Cross Party Group – Mental Health, Scottish Parliament <i>Depression Detectives</i> , online participant-led research forum.
2020	Consultation on Digital Strategy for Scotland, Scottish Government NHS Research Scotland Mental Health Annual Scientific Meeting

## Consulting & Industry Collaborations

23andMe  
Baillie Gifford

## Open Science

### Code repositories

Personal	<a href="https://github.com/mja">https://github.com/mja</a>
Group	<a href="https://github.com/ccbs-stradl">https://github.com/ccbs-stradl</a>
Consortium	<a href="https://github.com/psychiatric-genomics-consortium">https://github.com/psychiatric-genomics-consortium</a>

### Datasets

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Howard, D., Adams, M., Clarke, T.-K., Hafferty, J., Gibson, J., Shirali, M., Coleman, J., Ward, J., Wigmore, E., Alloza, C., Shen, X., Barbu, M., Xu, E., Whalley, H., Marioni, R., Porteous, D., Davies, G., Deary, I., Hemani, G., ... McIntosh, A. (2019). Genome-wide meta-analysis of depression identifies 102 independent variants and highlights the importance of the prefrontal brain regions, [dataset]. <https://doi.org/10.7488/ds/2458>

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## Journals

### Editorial Boards

2014–2016	Frontiers in Evolutionary and Population Genetics
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### Reviewer

American Journal of Primatology, Animal Behaviour, BJPsychOpen, Behavioral Ecology and Sociobiology, Biological Psychiatry, Evolution, Intelligence, International Journal of Primatology, JAMA Psychiatry, Journal of Comparative Psychology, Journal of Research in Personal-

ity, Journal of the American Academy of Child and Adolescent Psychiatry, Lancet Psychiatry, Molecular Psychiatry, Proceedings of the Royal Society B, Psychological Science,