

# Curriculum Vitae

## Qualifications

- **PhD - University of Edinburgh** (2018)
- **MSc in Dementia Studies (distinction)**: University of Stirling: (2003-2007 online/part time)
- **BA Combined Arts (Hons) Politics and Psychology (2:1)**: University of Sunderland (1993)

## Teaching and Education Provision (part time UoE contract from 2014-October 2024)

Department of Counselling, Psychotherapy and Applied Social Science (CPSS) School of Health in Social Science (HiSS) University of Edinburgh (UoE):

- **Depute and Academic Cohort Leader**: MA Health in Social Science programme (2023-2025)
- **Developer and Course Organiser**: 3 courses associated with the MA programme portfolio and teaching on various additional MA courses, as well as one BN undergraduate nursing course:
  - *Health Management and Management of Health* (2022-2024)
  - *Introduction to Disability Studies* (2022-2024)
  - *Counselling and Psychotherapy: Principles and Practices* (2023- 2025) [Co-organiser]
- - *What is Health? Society, Culture and Health* (Lecturer (2019- 2024) BN programme course (current name)
- **Examiner Board Convenor**: MA programme (2022-2023)
- **Doctoral Supervisor**: Students (CPSS) [part- and full-time formats of study from 2018 – to date]
- **MSc Dissertation Supervisor**: 25 Students (2018-2025)
- **Critical Friend**: 7 PhD students (2022-to date)
- **Member of the Learning and Teaching Committee**: (2019-to date, and part of the COVID team)
- **Former Co-Lead of the Research, Ethics and Integrity Committee**: (CPASS 2022 – 2024)
- **Former Programme Director**: online/part time MSc Dementia: International Experience, Policy and Practice Programme ( 2016- 2018)

## Visiting Lectureship Roles:

- Vorarlberg University of Applied Sciences, Austria (2020-online, due to COVID restrictions)
- University of Ostrava, Czech Republic (2019-in person)

## Support for Students and Colleagues:

- **HiSS Co-ordinator of Adjustments** (2020 to date)
- **Founding member of the cross-college Disable.ED Network** (2024-to date)
- **Co-Developer and Facilitator**: 2 International/online *Leadership Seminars*: Nursing (2023 and 2024)
- **Co-Developer and Facilitator**: online: *Supporting and Promoting Lifelong Wellbeing for Students Carers event* (2023)
- **Member of the HiSS**: Athena Swan Parent/Carer working group (2023-to date)
- **Previous member of**: Edinburgh Centre for Research on the Experience of Dementia

## Awards and Nominations:

- **Senior Fellow of the Higher Education Academy** (2024). Honorary Fellowship status (2017)
- **Nominated by UoE Edinburgh Students Union Association** [8 in total from 2018 – 2025]: *Best Personal Tutor* (1); *Best Dissertation Supervisor* (1); *Best Course Tutor* (2) and *Teacher of the Year* (3); *Outstanding Course* (1).
- **UoE College of Arts, Humanities and Social Science** [3in total from 2022-2023]: *The Susan Manning Award for Inspiring Mentor* (1); *Excellence in Leadership* (1); *Exceptional Team* (1)

## External Examiner Roles:

### University of Stirling

External Examiner encompassing all courses relating to the MSc Dementia Studies Programme (2024 - 2025).

**University of the West of Scotland (UWS)** - External Examiner for various UG and PGR courses offered within the School of Health, Nursing and Midwifery (UWS); including the MSc Later Life Studies (2014-2016). Progression and Awards Board for UG and PGR courses (2016–2017 fixed term one year only).

### Health-related PhD Viva Examiner

#### UoE – Internal Examiner (March 2024)

Successful examination (minor amendments) of thesis entitled: *How do Childhood Experiences Influence the Narratives of Adults with Spina Bifida*

#### University of Stirling – External Examiner (December 2021)

Successful examination (minor amendments) of thesis entitled: *Living with a Diagnosis of Frontotemporal Dementia: What Helps and Hinders?*

### Academic Research (2014 – 2025)

**UoE:** A cross-college study funded by the UoE Principal's Teaching Award Scheme (PTAS - £17,000) entitled: *Embedding Accessibility into Higher Education Courses and Programme* (2024 – ongoing)

**UoE:** A cross-college study funded by (PTAS, £4,500) relating to the development and piloting of an innovative online self-directed, non-credit bearing and non-fee related course entitled: *Compassion and Empathy in Work and Life* (C&E) for 19 'participants' (both UoE students and staff). Facilitated during the COVID-19 period and uploaded to SharePoint: [Compassion and Empathy in Work and Life - Home](#) for further access in teaching and development. My role included the day-to-day management of the project, as well as the mentoring of the Research Assistant for the team (January 2020-March 2022)

**PhD Research:** *The Journey from Dementia Diagnosis to Final Bereavement: an exploration of the fluctuating perceptions of self of family carers of people with dementia.* (2018)

**UoE:** A cross-college study funded by PTAS (£4,000) entitled: *Factors Influencing the Understanding and Development of Human Empathy* and explored the feasibility of the pedagogical inclusion of empathy as part of the undergraduate and postgraduate curriculum for health care workers within the disciplines of veterinary, nursing and dementia studies. (January 2016 – September 2016)

### Academic Publications (2010 – to date)

- Hughes, K., **Alexjuk, E. J.**, Paterson, J., Whittington, R., and Spielman, S. (2018). Empathy in practice: how can educators help students develop balance for their future practice? *Journal of Perspectives in Applied Academic Practice*. Vol. 6 Issue 2, p99-103.
- Clarke, C., Wilkinson, H., Keyes, S., J., **Alexjuk, E. J.**, Wilcockson, J., Robinson, L., Reynolds, J., McClelland, S., Corner, L. and Cattan, M. (2016). "I just want to get on with my life" – A mixed methods study of active management of quality of life for people living with dementia. *Ageing and Society*. p. 1-25.
- Clarke, C., Keyes, S., Wilkinson, H., **Alexjuk, E. J.**, Wilcockson, J., Robinson, L., Corner, L. & Cattan, and M. (2014). Organisational Space for Partnership and Sustainability: Lessons from the Implementation of the National Dementia Strategy for England.) In: *Health and Social Care in the Community*. 22, 6, p.634–645.
- Keyes, S., Clarke, C., Wilkinson, H., **Alexjuk, E. J.**, Wilcockson, J., Robinson, L., Reynolds, J., McClelland, S., Corner, L. & Cattan, M. (2014). "We're all thrown in the same boat": A qualitative analysis of peer support in dementia care. *Dementia: The International Journal of Social Research and Practice*. vol. 15, 4: pp. 560-577.
- Clarke, C., Keyes, S., Wilkinson, H., **Alexjuk, E. J.**, Wilcockson, J., Robinson, L., Corner, L. & Cattan, and M. (2013). Healthbridge: The National Evaluation of Peer Support Networks and Dementia Advisers in implementation of the National Dementia Strategy for England. A Department of Health Policy Research Programme Project. Department of Health
- Clarke, C. L., **Alexjuk, J.** & Gibb, C. E. (2011) Information in dementia care: sense making and a public health direction for the UK? *International Journal of Older People Nursing*. 6, 3, p. 237-43.

- Hughes J.C., Jordan A, Ransom Pam, **Alexjuk J**, Quinn Isabel and Paes P (2010) Palliative care and dementia: consensus in North Tyneside. In: *European Journal of Palliative Care*, 17 (2) pp 92-95.

Teaching-related

### Academic Conference Presentations (2014- 2023)

- **Presentation** relating to the C&E Project: UoE Learning and Teaching conference (2023)
- **Presentation** relating to Dementia Policy and Practice: Alzheimer's and Related Disorder Society of India, Kolkata, (September 2017)
- **Empathy research** (poster presentation): HEA. Liverpool (July 2017)
- **PhD research** (oral presentation): Linköping University, Norrköping, (September 2016)
- **PhD research** (oral presentation): The 6<sup>th</sup> International Carers Conference, Gothenburg (September 2015)
- **Keynote** - Dementia Friendly Communities: Goa Medical College, Goa University, India (March 2015)
- **PhD research** (poster presentation): The British Society of Gerontology, Newcastle (July 2015)
- **PTAS research** (poster presentation): HEA Birmingham (June 2014)
- **Keynote** - Dementia Friendly Communities, Chang Gung University and Taiwanese Minister for Health, Taiwan (October 2014)

### Biography: Health, Statutory and Voluntary Sectors (1997 – to date)

**British Society of Gerontology (BSG Scotland):** (voluntary role 2014 to date)

- My role as Treasurer (2016- 2023) involved working with my BSG committee colleagues to facilitate seminars and disseminate of information relating to gerontological issues. More recently, as from January 2023 - 2025, I became the Co-ordinator (Chair) of the organising committee for BSG Scotland