

Dr Karen Goodall

Section of Clinical and Health Psychology,
The University of Edinburgh

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Employment

2020-current	Senior Lecturer, University of Edinburgh
2015-2020	Lecturer, University of Edinburgh
2012-2015	Senior Lecturer, Queen Margaret University
2002-2012	Lecturer, Queen Margaret University (0.8)

Professional Affiliations

Chartered Psychologist and Associate Fellow, British Psychological Society (BPS)

Education

1997- 2002	PhD, University of Edinburgh. Title: The effect of collaborative learning on the problem-solving skills of children with Down syndrome and other learning disabilities
1993-1997	MA (1 st class Hons), Psychology, University of Edinburgh

Administrative and Leadership roles

04/2021 – 04/2024	Director of Postgraduate Research, School of Health in Social Science Strategy and oversight of PGR programmes in Clinical Psychology, Nursing Studies and Counselling, Psychotherapy and Social Sciences.
07/2016 – 03/2021	Senior Tutor, School of Health in Social Science, University of Edinburgh Role: to ensure quality of Personal Tutoring system within the School
08/2016 – 03/2021	Programme Director MSc Children and Young People's Mental Health and Psychological Practice, University of Edinburgh Role: ensuring high quality delivery of a taught Masters programme; leadership of programme team; marketing and admissions.
06/2015 – 08/2016	Academic Co-ordinator MSc Children and Young People's Mental Health and Psychological Practice, University of Edinburgh Role: admissions, programme administration
08/2010 – 08/2013	Programme Leader BSc (Hons) Psychology, Queen Margaret University, Edinburgh Role: to ensure quality delivery of the BPS-accredited undergraduate psychology programme; liaison with professional body; lead validation events

University service

Quality assurance

Sep 2023	Validation Business studies integrated PhD programmes in Business, Finance and Accounting
Jan 2021	Invited panellist (pre-meeting), Enhancement-Led Institutional Review

Jan 2020	Chair, programme review, Mathematics, University of Edinburgh (postponed)
Mar 2019	Internal member Postgraduate Programme Review, School of Medicine and Veterinary medicine, University of Edinburgh. Reviewed suite of postgraduate research degrees across the school.
Mar 2015	Internal member, re-validation MSc Occupational Therapy, QMU
May 2014	Chair, re-validation MSc Cognitive Behavioural Therapy, QMU/NHS
May 2014	Team member, re-validation and re-accreditation BSc (Hons) Psychology, QMU
Jan 2013	Conducted BPS 5-year review, BSc (Hons) Psychology, QMU
Jan 2013	Team member, Enhancement-led Institutional Review, QMU
Oct 2013	Internal panellist, re-validation MSc Public Services Leadership, QMU with Edinburgh City Council
Apr 2009	Internal panellist, re-validation MSc International Health, MSc Sexual and Reproductive Health, MSc Social Justice, Development and Health, PgCert Applied Social Development, PgCert Conflict, Social Development and Health and Development (International Institute for Health Development, QMU)
Jul 2009	Team member, BPS accreditation and re-validation of BSc (Hons) Psychology, QMU

Committees

2021- 2024	College of Arts, Humanities and Social Sciences Postgraduate Research Committee, University of Edinburgh
2021- 2024	Health in Social Science Research, Knowledge and Ethics committee, University of Edinburgh
2016 – 2019	Senatus Academicus, University of Edinburgh
2013 - 2015	Senate, Queen Margaret University
2013 - 2015	Research Strategy Committee, Queen Margaret University
2013 – 2014	Learning and Teaching Panel, Queen Margaret University
2010 – 2013	Student Experience Committee, Queen Margaret University
2010 – 2013	School Academic Board, Queen Margaret University

Teaching

Summary: Focused predominantly on developmental psychology and mental health. Extensive experience of course design, delivery and assessment at undergraduate and postgraduate level.

Current: Course organiser: Attachment, Wellbeing and Mental Health and Dissertation (MSc Mental Health in Children and Young People's Mental Health: Psychological Approaches).

Previous: Developmental theory and CBT (MSc Psychological Therapies); Developmental Theory (MSc in Applied Psychology for Children and Young People); Conceptual and Theoretical Psychology (Course organiser; MSc in Psychology of Mental Health (BPS-accredited conversion course)

BSc (Hons) Psychology, Queen Margaret University, Edinburgh

Introduction to Psychology 1 (UG1); Introduction to Psychology 2 (Module Coordinator: Developmental component, (UG2); Critical, Conceptual and Historical Issues in Psychology

(UG3), Literature Review (UG3), Developmental Psychology (Module co-ordinator, UG3), Research Methods 2 (UG3), Research proposal (UG3), Current Issues in Psychology (Epigenetic and development, UG4), Neurodevelopmental Disorders (Module co-ordinator, UG4), Learning Disabilities (MSc Health Psychology).

Summary of Research Interests

My research is mainly focused on the impact of childhood experiences on adult functioning. A key focus is applying an attachment framework to the understanding of individual differences in self-regulation of emotion, thought and attention, to understand how these impact on wellbeing and mental health. Previous projects, including PhD projects have applied an attachment framework to the following areas: individual differences in dispositional mindfulness, individual differences in trait anger and aggressive behaviour, coping with terminal conditions such as brain tumour and enduring conditions such as psychosis, or psychosis symptoms such as paranoia.

A second focus is on the impact of Adverse Childhood Experiences (ACES) on self-regulation, behaviour and mental health. Projects here have focused on the relationship between trauma and abuse (particularly emotional abuse) and mental health; investigating attitudes towards trauma informed practices in the police and schools and evaluation of trauma awareness interventions and relationships on mental health and wellbeing outcomes in later life. I have a particular focus on how these early experiences contribute to attachment representations and self-regulatory capacities that are linked to vulnerability towards mental health issues. My research therefore includes: attachment; adverse childhood experiences; emotion regulation; dispositional mindfulness; psychosis.

Journal Publications

White, L.C.J., Goodall, K. & Gillespie-Smith, K. (re-submitted following revisions). Minority Stress, Camouflaging and Mental Health Outcomes in Trans and/or Nonbinary Autistic Adults. *Autism in Adulthood*.

Steindorsdottir, F., **Goodall, K.**, Christie, H., McConachie, D., van Herwegen, J., Ballantye, C., Richards, C., Crawford, H. Outhwaite, L., Gallagher-Mitchell, T., Moss, J., Khawam, G. Gillespie-Smith, K., (re-submitted following revisions). Are you coping how I'm coping? An exploratory factor analysis of the Brief-COPE among caregivers of children with and without learning disabilities during COVID-19 restrictions in the UK. *International Journal of Developmental Disabilities*.

Duffy, A., Carmichael, D., Murphy, R., Harper, S. & **Goodall, K.** (re-submitted following revisions). The relationship between attachment insecurity and psychosis-spectrum negative symptoms in clinical and non-clinical populations: a systematic review. *Schizophrenia Research*.IF: 4.5

Duffy, A., **Goodall, K** Carmichael, D., Newman-Taylor, K., Harper, S., Sivyver, K. Murphy, R., Harper, S. &. (re-submitted following revisions). Promoting better relationships within intensive psychiatric care; staff perceptions of an attachment training programme. *Journal of Psychiatric and Mental Health Nursing*.

Mair, A.P.A., Nimbley, E., McConachie, D., **Goodall, K.** & Gillespie-Smith, K. (in press). Understanding the neurodiversity of grief: a systematic literature review of experiences of grief and loss in the context of neurodevelopmental disorders. *Review Journal of Autism and Developmental Disorders*.

Gillespie-Smith, K., Goodall, K. McConachie, D., Van Herwegen, J., Crawford, H., Ballantye, C., Richards, C., Gallagher-Mitchell, T., Moss, J. Khawam, G., Outhwaite, L., Marriott, E., Steinddottir, F., Christie, H. (in press). A Longitudinal study looking at the impact of COVID-19 restrictions and transitions on psychological distress in caregivers of children with Intellectual Disabilities in the UK. *JCPP Advances*.

- Brennan, G.K., Miell, A., Grassie, J., **Goodall, K.** Robinson, S. (2024). What are the barriers and enablers to trauma-informed emergency departments? A scoping review protocol. *BMJ Open*. 14(1): e076370. doi: 10.1136/bmjopen-2023-076370.
- Goodall, K.** & Sawrikar, V. (2023). The Rating of Emotional Abuse in Childhood (REACH) Questionnaire: A new self-report measure assessing history of childhood emotional abuse. *Child Abuse & Neglect*, 146. <https://doi.org/10.1016/j.chiabu.2023.106498>
- Goodall, K.** Brodie, Z.P., Deacon, K. Collins, K. & Gillespie-Smith, K. (2023). How the police conceptualise and view the relevance of Adverse Childhood Experiences (ACEs) for policing: A qualitative investigation. *Policing: an International Journal*. <https://doi.org/10.1108/PIJPSM-02-2023-0023>
- Eaton, C., Roarty, K., Doval, N., Shetty, S., **Goodall, K.**, Rhodes, S.M. (2023). The Prevalence of Attention Deficit/Hyperactivity Disorder Symptoms in Children and Adolescents with Autism Spectrum Disorder without Intellectual Disability: A Systematic Review. *Journal of Attention Disorders*. 0(0). <https://doi.org/10.1177/10870547231177466> IF: 3.0
- Brodie, Z. P., Gillespie-Smith, K., **Goodall, K.**, Deacon, K., & Collins, K. (2023). The impact of trauma-awareness session on police officers' trauma-informed attitudes in Scotland. *Psychology, Crime & Law*. <https://doi.org/10.1080/1068316X.2023.2210736> IF: 1.4
- Zanotto., A. **Goodall, K.**, Ellison, M. & McVittie, C. (2023). Perceptions of social support and relationships while living with a brain tumour: A qualitative study. *Psychology & Health*. <https://doi.org/10.1080/08870446.2023.2237995> IF: 3.073
- Zanotto., A. **Goodall, K.**, Ellison, M. & McVittie, C. (2023). Make them wonder how you are still smiling': The lived experience of coping with a brain tumour diagnosis". *Qualitative Health Research*. <https://doi.org/10.1177/10497323231167345> IF: 4.233
- Brodie, Z.P., **Goodall, K.**, McVittie, C., Darling, S.P. (2022). Attachment-related differences in dispositional anger and its experience and expression following an insult-based anger induction, 199. *Personality and Individual Differences*. <https://doi.org/10.1016/j.paid.2022.111864>
- Bololia, L. Williams, J., McMahon, K. & **Goodall, K.** (2022). Dramatherapy for children and adolescents with autism spectrum disorder: A systematic integrative review. *The Arts in Psychotherapy*, 80. <https://doi.org/10.1016/j.aip.2022.101918>
- Robertson, H., **Goodall, K.** & Kay, D. (2021) Individual differences in school staff attitudes towards Trauma-informed practice. *The Psychology of Education Review*, 45, (2), 62-74.
- De Young, A. & Covid unmasked consortium (2021). COVID-19 Unmasked Global Collaboration Protocol: Longitudinal cohort study examining mental health of young children and caregivers during the pandemic, *European Journal of Psychotraumatology*, 12(1): 1940760. doi: 10.1080/20008198.2021.1940760.
- Gillespie-Smith, K., McConachie, D., Ballantyne, C., Ayeung, B. & **Goodall, K.** (2021). The impact of COVID-19 restrictions on psychological distress in family caregivers of children with neurodevelopmental disability in the UK. *Journal of Autism and Developmental Disorders*, 1-15. doi: 10.1007/s10803-021-05132-3 IF:4.5
- Goodall, K.** Robertson, H. & Schwannauer, M. (2020). Aces and Education. *Scottish Affairs*, 29(4), 493-501. IF: 0.846
- Goodall, K.**, Brodie, Z. & Schwannauer, M. (2020). Dispositional mindfulness in adolescents and emerging adults: investigating serial pathways via emotion regulation and attentional control, to Mindfulness. *Mindfulness*, 11, 1782–1791. IF: 3.801
- Murphy, R. **Goodall, K.** & Woodrow, A. (2020). The relationship between attachment insecurity and experiences on the paranoia continuum: A meta-analysis. *British Journal of Clinical Psychology*. <https://doi.org/10.1111/bjc.12247> IF: 6.92

- Trejnowska, A., **Goodall, K.**, Rush, R., M. Ellison & C. McVittie (2020). The relationship of adult attachment and coping with brain tumour: the mediating role of social support. *Psycho-oncology*, 29(4), 729-736. doi.org/10.1002/pon.5325 IF: 4.044
- Gorrie, F. **Goodall, K.** & Ravenscroft, J. (2019). Towards population screening for Cerebral Visual Impairment: Validity of the Five Questions and CVI Questionnaire. *PLOS1* <https://doi.org/10.1371/journal.pone.0214290> IF: 3.7
- Brodie, Z.P., **Goodall, K.**, McVittie, C. & Darling, S. (2018). Attachment insecurity and dispositional aggression: The mediating role of maladaptive anger regulation. *Journal of Social and Personal Relationships*, 36 (6), 1831-1852. <https://doi.org/10.1177/0265407518772937> IF: 2.8
- Sambarju, R. McVittie, C., **Goodall, K.** & McKinlay, A. (2017). 'Just an excuse people are just using these days'. Attending to and managing interactional concerns in talk on exclusion of immigrants. *Journal of Language and Social Psychology*, 36, (6), 654 – 674.
- Goodall, K.** (2015). Individual differences in the regulation of positive emotion: The role of attachment and self-esteem. *Personality and Individual Differences*, 74, 208-213. <http://dx.doi.org/10.1016/j.paid.2014.10.033>.
- Goodall, K.**, Rush, R., Grünwald, L., Darling, S., Tiliopoulos, N. (2015). Attachment as a partial mediator of the relationship between emotional abuse and schizotypy. *Psychiatry Research*, 230, 531-536. DOI: 10.1016/j.psychres.2015.09.050 IF: 11.225
- McVittie, C., **Goodall, K.**, Sambaraju, R., Elliott, I., Trejnowska, A. (2015). We just have to learn to deal with it: young workers' experiences of workplace violence. *Journal of Social Sciences and Humanities*, 2, 2, 39-47. <http://www.publicscienceframework.org/journal/paperInfo/jssh?paperId=367>
- McVittie, C., **Goodall, K.** & O'May, F. (2015). Empowerment and Participation in Outdoor Organized Activities. *Journal of Social Sciences and Humanities*, 1, 2, 82-91.
- Darling, S., Parker, M.-J., **Goodall, K.E.**, Havelka, J., Allen, R.J. (2014). Visuospatial bootstrapping: Implicit binding of verbal working memory to visuospatial representations in children and adults. *Journal of Experimental Child Psychology*, 119, 112-119.
- Goodall, K.**, Trejnowska, A. & Darling, S. (2012). The relationship between adult attachment, emotion regulation and dispositional mindfulness. *Personality and Individual Differences*, 52, 5, 622-626. IF: 4.3
- McVittie, C. & **Goodall, K.** (2012). The ever-changing meanings of retirement. *American Psychologist*, 67, 1, 75-76. IF: 16.2
- McVittie, C., **Goodall, K.** & Barr, Y. (2009). "I've learned so much": befrienders' experiences of befriending minority ethnic young people. *Journal of Intercultural Communication* (ISSN 1404-1634), 21, <http://www.immi.se/jicc/index.php/jicc/article/view/46/21>.
- McVittie, C., **Goodall, K.** & McFarlane, S. (2009). 'Your cuts are just as important as anyone else's': individuals' online discussions of self-injury. *Health Psychology Update*, 18(2), 3-7.
- Goodall, K.**, Magill, M. & McVittie, C. (2009). Birth choice following primary caesarean section: Mothers' perceptions of the influence of health professionals on decision-making. *Journal of Reproductive and Infant Psychology*, 27(1), 4-14. IF: 3.207
- McVittie, C. & **Goodall, K.** (2009). Harry, Paul and the Filipino maid: racial and sexual abuse in local contexts. *Journal of Health Psychology*, 14,5, 651-654. IF: 3.2
- Tiliopoulos, N. & **Goodall, K.** (2009). The neglected link: Adult Attachment Styles and Schizotypal Personality Traits. *Personality and Individual Differences*, 47, 299-304. IF: 4.3
- McVittie, C., **Goodall, K.** & McKinlay, A. (2008) Resisting having learning disabilities by managing relative identities. *British Journal of Learning Disabilities*, 36, 256-262. IF 1.238

Goodall, K., McVittie, C. & Snowdon, E. (2006). Successful outcomes or psychological losses? Young people's experiences of leaving residential care. *Health Psychology Update*, 15(3), 41-45.

Published Reports

Goodall, K. Brodie, Z., Lloyd, C. & Gillespie-Smith, K. (2023). Impact of trauma-informed training on police custody: a qualitative investigation. Scottish Institute of Policing Research.

Briefing: https://www.sipr.ac.uk/wp-content/uploads/2023/06/Briefing_Trauma-informed_police_custody_-Goodall_May2023.docx.pdf

Full research report: https://www.sipr.ac.uk/wp-content/uploads/2023/06/Research-Report_Goodall_et-al-2023_trauma-informed-custody.docx.pdf

Gillespie-Smith, K., Brodie, Z., Collins, K., Deacon., K. & **Goodall, K.** (2020). Moving towards Trauma-Informed policing: An exploration of police officer's attitudes and perceptions towards Adverse Childhood Experiences (ACEs). Scottish Institute of Policing Research. <https://www.sipr.ac.uk/publications/moving-towards-trauma-informed-policing-an-exploration-of-police-officers-attitudes-and-perceptions-towards-adverse-childhood-experiences-aces/>

Book chapters

McVittie, C., Hepworth, J. & **Goodall, K.** (2017). Masculinities and health: Whose identities, whose constructions? In M. P. Sánchez-López & R. M. Limiñana-Gras (eds.) *The Psychology of Gender and Health: Conceptual and applied global concerns*. Elsevier/Academic Press.

Pre-publication

Goodall, K. & Sawrikar, V. (2023). The rating of emotional abuse in childhood (REACH) questionnaire. A new self-report measure assessing history of childhood emotional abuse. PsyArXiv Preprints 10.31234/osf.io/6czef

Khawam, G., Christie, H., McConachie, D., **Goodall, K.**, Van Herwegen, J., Gallagher-Mitchell, T., Ballantyne, C., Richards, C., Moss, J., Crawford, H., Outhwaite, L., & Gillespie-Smith, K. (2022). Road to Recovery Research Project: Interview and Photovoice protocol for parents and children with intellectual disabilities. Version 6.0 Last update 4 February, 2022.

Reviewing

Member ESRC Peer Review College (since April 2024)

Invited talks

Goodall, K. Trauma-informed police custody: a qualitative investigation. Scottish International Policing Conference, Edinburgh, 29th November 2023. Invited speaker.

Goodall K. Scottish Police Authority. Policing and Trauma. Conference, Glasgow, 21st April, 2023. Invited speaker.

Goodall K., Centre for Research and Evidence on Security Threats (CREST). Workshop on trauma-informed approaches in security contexts. Online June 2022. Invited speaker.

Gillespie-Smith, K., Brodie, Z.P. & **Goodall, K.** NHS Forensic Network – Victims & Trauma Webinar Event 'Trauma-Informed Police Practice'. June 2022 (online).

Published conference presentations

- Goodall, K.** & Brodie, Z.P. Trauma informed custody suite in Scotland. 6th Policing and Society Conference, UNAK, Akureyri, Iceland, October 4th -5th 2023 (online).
- Goodall, K.** Trauma informed police custody: a qualitative case study. Policing and Trauma conference. Scottish Police Authority, Glasgow, 21st April 2023. Invited speaker.
- Goodall, K.**, Gillespie-Smith, K., Brodie, Z., Deacon, K., & Brodie, Z. 'We are going to do trauma, there's no doubt about that... A qualitative investigation of officers' perceptions of ACEs in relation to policing work, 15th to 16th June 2021.
- Christie, H. Egberts, M. **Goodall, K.** et al Parent mental health and parenting during the pandemic: Results from the UK and the Netherlands. 17th Conference European Society for Traumatic Stress Studies, 16th-19th June 2021.
- Goodall, K. (2019).** Childhood experiences and fear of happiness: mediating pathways via self-esteem and attachment. Paper presented at the 19th European Conference on Developmental Psychology, August 29 – September 1st 2019.
- Goodall, K.**, & Brodie, Z. P. (2017). The role of emotion in the relationship between attachment and dispositional mindfulness. Paper presented at the 18th European Conference of Developmental Psychology, Utrecht, the Netherlands August 29 – September 1, 2017.
- Brodie, Z. P., & **Goodall, K. E.** (2017). Avoidant suppression and anxious aggression: Attachment-related responses to an anger induction. Paper presented at the 18th European Conference of Developmental Psychology, Utrecht, the Netherlands August 29 – September 1, 2017.
- Akoral, M. **Goodall, K.**, Rush, R., McVittie, C. & Harper, S. Attachment to psychosis specific distress: emotion regulation & metacognition as mediators. 18th European Conference of Developmental Psychology, Utrecht, the Netherlands August 29 – September 1, 2017.
- Uytman, C., McVittie, C & **Goodall, K** (2017). "If you've never been through it, you can't understand" An IPA exploration of prosthetist--patient communication. Conference of the European Health Psychology Society, Padua, Italy, 29th Aug – 2nd Sept.
- Uytman, C., McVittie, C & **Goodall, K** (2017). Living with limb loss: An IPA exploration of individuals' and prosthetists' perceptions of limb loss, prosthesis use and rehabilitation following amputation. The International Interpretative Phenomenological Analysis Conference, Glasgow, 18-19 May.
- Trejnowska, A., McVittie, C., Ellison, M., Rush, R., **Goodall, K.** (2017). A mixed methods investigation of the experience of being diagnosed with a brain tumour. 31st Conference of the European Health Psychology: Innovative Ideas in Health Psychology, Padova, Italy, 29 Aug – 2 Sept 2017.
- Trejnowska, A., McVittie, C., Ellison, M., Rush, R., **Goodall, K.** (2017). Experiences of living with a brain tumour diagnosis from the individuals' and caregivers' perspectives: an Interpretative Phenomenological Analysis. Paper presented at the International Interpretative Phenomenological Analysis Conference, Glasgow Caledonian University, 18-19 May 2017.
- Trejnowska, A., McVittie, C., Ellison, M., Rush, R., **Goodall, K.** (2017). Adjustment to a brain tumour diagnosis: the role of attachment style and social support. British Psychosocial Oncology Society Annual Conference, Oxford, 16-17 March 2017.
- Akoral, M., McVittie C., **Goodall, K. E.**, Harper, S. (2016, July). 'Psychosis-specific distress experiences: An interpretative phenomenological analysis'. Paper presented at PsyPAG Annual Conference, University of York, England. Abstract available at <https://drive.google.com/file/d/0BwQCsoTS48S5dWFXLTg0WTlwRjg/view>
- Brodie, Z. P., **Goodall, K.** (2015). Attachment insecurity as a predictor of dispositional anger in adulthood. European Conference on Developmental Psychology, Braga, Portugal.

- Goodall, K.** (2014). Children's knowledge about factors associated with the maintenance of normal bodyweight. European Health Psychology Society, Innsbruck, Austria 26th-30th August, 2104.
- Goodall, K.**, Grünwald, L. & Darling, S. Attachment, emotional abuse and physical abuse predict schizotypy in a nonclinical sample. International Psychological Applications Conference and Trends, Madrid, 26th-28th April, 2013.
- Uytman, C. McVittie, C. **Goodall, K.** & McKinlay, A. (2013). Communication and Control: An investigation of prosthetist and amputee relationships. Paper presented at the meeting of the 2nd International Psychological Applications Conference and Trends Conference, Madrid, Spain, 26-28 April.
- McVittie, C., McKinlay, A., Sambaraju, R., **Goodall, K.** & Uytman, C. (2013,). 'Hamas practises its right to resist the occupation': Negotiating culpability for the Palestinian/Israeli conflict. Paper presented at the meeting of the 2nd International Psychological Applications Conference and Trends Conference, Madrid, Spain, 26-28 April.
- Goodall, K.**, McVittie, C. McKinlay, A. & Uytman, C. (2012). Predictors of positive emotion regulation strategies: attachment and self esteem. Paper presented at the 26th Conference of the European Health Psychology Society, Prague, Czech Republic, 21-25 August.
- Goodall, K.**, McVittie, C., McKinlay, A. & Uytman, C. Predictors of positive emotion regulation strategies: attachment and self esteem. 26th Conference of the European Health Psychology Society, Prague, Czech Republic, 21st-25th August 2012.
- Goodall, K.**, Darling, S., Myles, J. and Hutt, A. The contributions of adult attachment and schizotypy to working memory. The 12th European Congress of Psychology, Istanbul, Turkey, 5th-8th July 2011.
- Goodall, K.** & Trejnowska, A. The role of adult attachment style and emotion regulation in predicting mindfulness in non-meditators. . The 12th European Congress of Psychology, Istanbul, Turkey, 5th-8th July 2011.
- Goodall, K.** & Binnie, L. (2010). Theory of mind in children in Nurture groups. Annual Conference for Educational Psychologists in Scotland, Edinburgh, UK, 30th Sept -1st Oct 2010.
- Wilson, S., **Goodall, K.** & McVittie. (2010). Sceptical believers. The British Psychological Society Qualitative Methods in Psychology Conference, Nottingham, UK, 23rd-25th August 2010.
- Elliott, Ian and **Goodall, Karen** and McVittie, Chris and Trejnowska, Anna (2010) Young workers' experiences of abuse in public-facing jobs [invited speaker]. In: STUC Congress, 19th April, Dundee. (Unpublished)
- Goodall, K.** (2009) Adult attachment and Schizotypy. British Psychological Society Scotland, Edinburgh, UK, 28th-29th November, 2009.
- McVittie, C., Hepworth, J. & **Goodall, K.** (2009). Gender identities and health: how partners construct masculinities and femininities in relation to older men. In C. McVittie & A. McKinlay (Chairs), Discourses of health and illness. Symposium presented at the 6th Biennial Meeting of the International Society of Critical Health Psychology, Lausanne, Switzerland. 8th-11th July 2009.
- Magill, M. & **Goodall, K.** (2006). To cut or not to cut: an interpretative phenomenological analysis of birth choice after caesarean. The British Psychological Society Social Psychology Conference, Birmingham, UK, 6-8 September, 2006.
- Goodall, K.E.** (2004). Children's understanding of overweight and obesity. The British Psychological Society Developmental Conference. Leeds Metropolitan University, 2-5 September, 2004.
- Goodall, K.E.** (2003). A comparison of a direct teaching method and contingent assistance on the spatial problem-solving skills of children with Down syndrome. Annual conference of

the Developmental section of the British Psychological Society. Coventry University, 11-14 September 2003.

Goodall, K.E. (2000). Collaborative learning in typically-developing children and children with learning disabilities. European Conference on Educational Research, The University of Edinburgh, 20-23 September 2000.

Goodall, K.E. (2000). The effect of collaboration with a peer on understanding of concept of number and matter in children with Down syndrome. The British Psychological Society Developmental Section Annual Conference. The University of Bristol, 14-15 September, 2000.

Goodall, K.E. (1999). Peer learning in children with Down's syndrome and children with non-specific learning difficulties. The British Psychological Society Education Section Annual conference. The University of Greenwich, 6-7 November 1999.

Goodall, K.E. (1999). A preliminary investigation of collaborative learning in children with Down syndrome. The British Psychological Society Postgraduate Affairs Group Conference, University of Lancaster, October.

Unpublished conference presentations

Goodall, K. Brodie, Z.P. & Schwannauer, M. (2018). Mind Wandering and Mindfulness Conference. Northumbria University, 22nd June 2018.

Akoral, M., McVittie, C., **Goodall, K. E.**, Harper S. (2017). 'My whole life just collapsed': An interpretative phenomenological analysis of psychosis specific distress. Paper presented at the International Interpretative Phenomenological Analysis conference, Glasgow Caledonian University, Glasgow, Scotland.

Uytman, C., McVittie, C & **Goodall, K** (2016). "The fact that I've had an amputation doesn't define who I am" Exploring aspects of identity, body image and prosthesis use following lower limb amputation. Poster presented at Appearance Matters 7, 26 – 28 June, Royal College of Surgeons, London, UK.

Uytman, C. McVittie, C & **Goodall, K.** (2012). Living with Limb Loss: An IPA exploration of the patient and prosthetist perspective. Paper presented at Appearance Matters, University of the West of England, 3-4 July, Bristol, UK.

Elliott, Ian and **Goodall, Karen** and McVittie, Chris and Trejnowska, Anna (2010) Young workers' experiences of abuse in public-facing jobs. Invited speaker at STUC Congress, 19 April, Dundee, UK

Goodall, K.E. (2000). A qualitative video-analysis of collaborative interactions between children with Down syndrome and children with non-specific learning disabilities. Down Syndrome Research Forum. Sarah Duffen Centre, Portsmouth, May 2000.

Poster presentations

Robertson, H. Smith, J. and **Goodall, K.** (2018). Childhood Emotional Abuse and Psychosocial Outcomes in Adulthood: The Mediating Role of Attachment. The Consortium of European Research on Emotion (CERE), University of Glasgow, Scotland, UK, April, 4-5, 2018.

Robertson, H. Smith, J. and **Goodall, K.** (2018). Childhood Emotional Abuse and Psychosocial Outcomes in Adulthood: The Mediating Role of Attachment. Royal Medical Society National Student Conference: Mental Health, University of Edinburgh, UK, March 3, 2018.

Goodall, K. and Brodie, Z.P. (2017). Attachment and the regulation of positive emotion. International Attachment Conference, Institute of Education, London, June 29 to July 1 2017.

- Brodie, Z. P., & **Goodall, K. E.** (2017). Attachment-based differences in responding to an anger induction procedure: the role of self-esteem. International Attachment Conference, Institute of Education, London, June 29 to July 1 2017
- Macmillan, K., Fletcher-Watson, S. & **Goodall, K.** (2017). Experiences of Autistic Individuals at School: Understanding by Peers and Teachers. Psychology of Education Section Annual Conference, Macdonald Holyrood Hotel, Edinburgh, UK, October 27-28 2017.
- Akoral, M., **Goodall, K. E.**, McVittie, C. (2017). What is real? – Considering the nature of psychosis within an Interpretative Phenomenological analysis. Poster presented at the Qualitative Methods in Psychology Conference, Aberystwyth University, Aberystwyth, Wales.
- Brodie, Z. P., **Goodall, K. E.**, Darling, S., McVittie, C. (2016). Attachment insecurity and aggression: The mediating role of maladaptive anger regulation. Poster presented at the 8th Annual QMU Doctoral Student Conference, Edinburgh.
- Akoral, M., McVittie C., **Goodall, K. E.**, Harper, S. (2016, October). 'It had a mind of its own': An interpretative phenomenological analysis of psychosis experiences. Poster presented at the SMHRN Annual Scientific Meeting, Edinburgh, Scotland.
- Goodall, K.** (2015). Attachment and the regulation of positive emotion. 17th European Conference on Developmental Psychology, Braga, Portugal, 8-12 September 2015.
- Brodie, Z. P., **Goodall, K.** (2015). The role of self-esteem in the association between attachment insecurity and the expression of anger. Psychology Postgraduate Affairs Group (PsyPag) Annual Conference, University of Glasgow, Scotland, 30th Psychology Postgraduate Student Affairs Group annual conference (PsyPAG), University of Glasgow, UK July 21-24 2015.
- Uytman, C. McVittie, C. & **Goodall, K.** (2013) Living with Amputation: An investigation of the patient and prosthetist experience. Poster presented at BPS Division of Health Psychology, 11-13th September, Brighton.
- Uytman, C. McVittie, C & **Goodall, K.** (2012). An IPA exploration of the experience of limb loss: patient and prosthetist perspectives. Poster presented at 26th Conference of the European Health Psychology Society, Prague, Czech Republic, 21-25 August.

External Research grants

2023	ESRC Impact Acceleration Grants: Festival of Social Science. (EDI-23/24-E0081). £600. Lead applicant.
2021	Scottish Institute for Policing Research (£16,078.97). Trauma-aware policing in the custody suite: an in-depth case study. Principal Investigator. Status: complete
2021	UKRI's Agile Research and Innovation Response to COVID-19 (£182,340). Road to recovery: Understanding the impact of COVID and recovery phases on children and young people with Intellectual Disabilities and their families PI: Karri Gillespie-Smith, co-investigator. Status: complete
2021	ESRC Impact Acceleration Grant. Vulnerable Voices: The impact of COVID and transition phases on vulnerable groups. Co-investigator; PI K Gillespie-Smith PI: Karri Gillespie-Smith Co-investigators: Doug McConachie, Hope Christie, Karen Goodall, Clara Calia, Helen Sharpe, Fiona Duffy, Emily Newman, Matthias Schwannauer Status: unsuccessful
2020	Funder: Salvesen Mindroom Research Centre: Scientific Advisory Board Research Grants Application (£80,724). Title: The Neurodiversity Alliance: creating and evaluating a peer support program for neurodivergent pupils in mainstream secondary schools. PI: Catherine Crompton Co-investigators: Karen Goodall, Katie Cebula £106,000 Status: Funded, starting February 2021

2019-2000	Funder: Scottish Institute for Policing Research (SIPR; £19,284) Title: Evaluation of an ACES intervention for police officers in Scotland PI: Karri Gillespie-Smith Co-investigators: Karen Goodall, Zara Brodie (University of the West of Scotland) Status: Complete
2014- 2015	Funder: Resuscitation Council, UK (£21, 045). The First “First Responder”: Understanding bystander actions, experience, and well-being in out-of-hospital cardiac arrest. Co-investigator; PI: Gareth Clegg
2012 - 2012	Scottish Funding Council Innovation voucher (£ 4584.76). Recruitment and retention of carers of individuals with challenging behaviours. Principal Investigator.
2010 – 2011	The Robertson Trust (£7880). Title: Evaluation of the Outward Bounds Trust’s Metro Project.Co-investigator; PI: C. McVittie
2010-2011	The Robertson Trust (£2260). Evaluation of Alcohol Interactive workshops Co-I; PI: Jan Gill
2010	NHS Health Scotland (£13,000). Title: Workplace Violence – Young Workers’ Experiences. Co-applicants: Chris McVittie, Karen Goodall, Ian Elliott.

Internal grants

2020	University of Edinburgh Student Experience Grant (£1,631.). Advocates for ACEs. Principal Investigator PI: Karen Goodall Co-investigator Karri Gillespie Smith 2009-2010 Funder: Inspiring Students Grant, University of Edinburgh, £618 Project: hosting ACEs and Resilience event for internal and external attendees (Co-applicant)
2010	QMU Multidisciplinary Research Development Fund. (£1000). Do I sound stressed? A collaborative approach to investigating the interactions between individual psychological factors and vocal responses to stress. Co-investigators: Jan Beck, Karen Goodall, Felix Schaeffler.
2006	Queen Margaret University College Small Project Fund (£1000). Title: The relationship between attachment style in adulthood and reactions to a physiological stressor. PI: Karen Goodall.
2004	Queen Margaret University Small Project Fund (£1000). Children’s naïve understanding of the processes involved in weight gain and overweight. PI: Karen Goodall

Consultancy

April 2023	ACEs and trauma-informed approaches, Fife College (£1600)
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Membership of Research Groups

Trauma, Adversity and Relationships Research Group (Founder)	since 2021
Centre for Research on Families and Relationships	since 2019
Salvesen Mindroom Centre (Associate Researcher)	since 2019
Centre Applied Developmental Psychology	since 2015

Research examinations

Extensive experience in external and internal examination for PhD vivas (12) and for D.Clin.Psy vivas (13).

Research supervision - current

2024 –	Raffy Smyth	D.Clin Psy, University of Edinburgh
2024-	Nicola McPherson	D.Clin Psy, University of Edinburgh
2023 -	Joanna Moy	MScR (PT)
2022-	Yanming He	PhD
2022-	Ally Pax Acari Mair	PhD

Research supervision

2019- 24	Samar Alzeer (OL)	PhD, University of Edinburgh
2021- 24	Aidan Duffy	D.Clin Psy, University of Edinburgh
2021 –24	Louise Boland	D.Clin Psy, University of Edinburgh
2021- 24	Sarah Loveridge	DClinPsy, University of Edinburgh
2020 - 23	Katherine Harrison	DClinPsy, University of Edinburgh
2022	Kiyoshi Nasir Bhuiyan	PhD, University of Edinburgh
2021	Loukia Bololia	PhD, University of Edinburgh
2021	Anna Trejnowska (PT)	PhD, Queen Margaret University
2018	Melissa Akoral	PhD, Queen Margaret University
2017	Zara Brodie	PhD, Queen Margaret University
2015	Louise Cotton (PT)	PhD, Queen Margaret University
2013	Rahul Sambaraju	PhD, Queen Margaret University
2014	Clare Uytman (PT)	PhD, Queen Margaret University
2020	Jennifer Adams	D.Clin, University of Edinburgh
2020	Gina Murphy	D.Clin, University of Edinburgh
2018	David Carmichael	D.Clin, University of Edinburgh
2022	Lu Wang	MRes, University of Edinburgh
2017	Daria Karbainova	MRes, University of Edinburgh
2016	Jingya Yuan	MRes, University of Edinburgh

Since 2015, supervised over 70 taught masters students to completion.

Formal Research Mentoring

2024	Dr Lisa Golds, Innovation Fellow, University of Edinburgh	
2020- 2022	Hope Christie, Global Challenges Research Fellow University of Edinburgh	
2020-2023	Mhairi Selkirk, NRS Fellowship	

Training

September 2023	BPS accredited Trauma training
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March 2022	College of Arts Humanities and Social Science Research Leader: New and Aspiring PIs
June 2018	Introduction to 'R' programming
Feb 2017	Structural Equation Modelling, University of Edinburgh
March 2016	Research Data Management Training (online course, University of Edinburgh)
August 2016	Applied Regression Analysis, Ohio State University (Coursera)

Knowledge Exchange

Scottish Institute for Policing Research: Academic Challenges Session Dignity in Police Custody. 31st May online. Invited chair.

Sense Scotland Trauma-Informed managers event (online). May 2024. Invited speaker.

Workshop on Trauma and Violent Extremism, University of St Andrews, June 2023. Invited speaker.

Scottish Police Authority: Policing and Trauma conference Trauma informed police custody: a qualitative case study, Glasgow, 21st April 2023. Invited speaker.

Goodall, K. (2022). Trauma Informed Policing. Centre for Research and Evidence on Security Threats (CREST). CRS 15. Available at: <https://crestresearch.ac.uk/comment/trauma-informed-policing/>

The Nurture Group Network Annual Scottish Conference 2017. Teaching and Learning for Children with Social, Emotional and Mental Health Issues, Coatbridge, Scotland, UK 24th February. Invited chair and keynote.

Public Engagement

ESRC Festival of Social Science. Happy Days: the science of positive emotion through attachment theory. November, 2023, Voodoo Rooms, Edinburgh
<https://2023.festivalofsocialscience.com/events/holding-on-to-happiness-how-your-attachment-style-affects-your-happiness/>

ESRC Festival of Social Science Online exhibition: Road to Recovery: Covid-19 and the impact on children with Intellectual Disabilities and their families. 2021

Depression Detectives, citizen science project. Trauma and Depression: A Q and A with Karen Goodall, Hope Christie and Rachel Happer.

<https://blogs.ed.ac.uk/depressiondetectives/2021/06/14/trauma-and-depression-a-qa-with-karen-goodall-hope-christie-and-rachel-happer/> Facebook live session on Trauma

and Depression with Depression Detectives: <https://blogs.ed.ac.uk/depressiondetectives/>

Midlothian Festival of Science, Keep Calm. IKEA, Edinburgh, 16th October, 2019

BBC Scotland The Nine. Invited expert comment on awareness of and stigma in mental health, broadcast 20th May 2019.

BBC 'Big Questions' debate. Invited expert to televised debate on the impact of corporal punishment on children's mental health (aired March 2018).

Literature:

Commissioned to provide mental health advice on poetry anthology for children on mental health related issues, Brownlee, L, Goodfellow, M & Mucha, L. (2021) Being Me. Otter-Barry
<https://www.otterbarrybooks.com/books/being-me>

Commissioned to provide advice on attachment theory in L. Mucha (2019). Love Factually. Bloomsbury Sigma. <https://www.bloomsbury.com/uk/love-factually-9781472954350/>

Internal recognition

Nominated for:

2024 People of CAHSS Award: 4 nominations for Inspiring colleague; EUSA Teaching Award nomination for Best supervisor

2023 People of CAHSS Award: 4 nominations for: Exceptional team, Inspiring colleague (2), Dean of Students Award for Contribution to Student Experience (1)

2022 People of CAHSS Award: 3 nominations for Excellence in Leadership, Exceptional Team (2)

2021 People of CAHSS Award: 8 nominations for Inspiring Colleague (3), Outstanding team (1), Adaptation to Change (2), Dean of Students Award for Contribution to Student Experience (2); EUSA Teaching Award nomination: Personal Tutor of the Year.