

Charis Wolf
DTCM, MSTCM, MSc,
MBAcC, Dipl. LAc
Curriculum Vitae
April 2026

EDUCATION

- Current **Interdisciplinary PhD:** Philosophy of Medicine and Traditional Medicine
Epistemologies; How pluralistic medicines provide meaningful evidence
University of Edinburgh
- 2023-25 **MSc, Philosophy, Science and Religion** (Merit)
University of Edinburgh (online)
- 2024 **Complex Systems: Principles of Health and Public Health**
New England Complex Systems Institute, MIT
- 2024 **Librarian Certification**
IAP Career College
- 2023 **Philosophy of Science class**
Oxford University
- 2021-23 Online Courses through Coursera:
Philosophy and the Sciences: Introduction to Philosophy of Physical Sciences
Introduction to Philosophy
Philosophy, Science and Religion
Intellectual Humility Theory
University of Edinburgh
- 2022 Introduction to Philosophy
University of Washington
- 2020-21 **Doctorate of Traditional Chinese Medicine** (Honours)
Five Branches University
- 2021 Virtual Courses in Complexity: New England Complex Systems Institute, MIT
- 2019 -20 Association Management class: Art of Strategic Management Washington Society of
Association Executives
Association Management class: Art of Governance and Structure Washington
Society of Association Executives

Association Management class: How to bring value to your members Dennison & Associates

-enhanced member engagement by 40% through tailored value offering and collaborative initiatives with associated business partners

- 2014-18 **PhD student**
American University of Complementary Medicine; Classical Chinese medicine
(lost their accreditation- no degree)
Multivariate Statistics
Reproductive Health
Taoist philosophical impact on Classical Chinese Medicine
Classical Meridian Studies
Classical herbal preparation
- 2012-14 Da Yuan Circle: Chinese Cosmology
- 2001-6 **MSTCM American College of Traditional Chinese Medicine** (Honours)
Japanese Medicine internship: Koji Ichihashi LAc
Externship Dr. Wu's Healing Center; Fertility Clinic
Student Council and served as Secretary with rotating Presidential position
- 1996 **BA History; Intellectual History emphasis, Physical Sciences minor:**
University of California, Davis
2 years of upper division Chemistry (Organic chem, Bio-chem, Physical chem) lab,
3+ years of physics (mechanics, continuum mechanics, quantum mechanics,
astrophysics, solid state physics, electricity and magnetism, differential equations,
vector analysis, mathematical physics)

RESEARCH & STUDIES

(for writings please see <https://edinburgh.academia.edu/CharisWolf>)

- 2026 **Editorial Board:** European Journal of Oriental Medicine
- 2022- 25 **Peer reviewer:** Medical Acupuncture Journal
- 2024 **Publication:** "The State of 21st Century Acupuncture in the United States"
https://www.dovepress.com/articles.php?article_id=96301
- Publication:** "Epistemology of Thought Experiments in Medical Science"
Oxford Philosophical Society, Annual Review 2024
- Peer reviewer:** Yale Journal of Biology and Medicine
- 2020-23 **Peer reviewer:** Journal of Acupuncture and Integrative Medicine

- 2021-23 **Director Research Committee;** American Society of Acupuncturists.
Conducted research dissemination and collaborated on interprofessional projects, producing 20+ written responses to organizations including CDC, NIH, NCCIH, CMS, and PCORI to influence strategic medical policy implementation
- 2020-21 **Project Coordinator:** David and Lura Lovell Foundation grant for the American Society of Acupuncturists, securing 100k in funding for the ASA, engaging the entire profession across the country to unify
- 2019-20 **UW/NCCIH funded research study:** PI Dr. Mark Sodders;
Acupuncture for TBI
Practitioner offering treatment for study subjects contributing to advancement in the field of acupuncture for traumatic brain injury
- 2019 **Literature review on migraine and tension headaches** submitted to the Health Care Authority of WA state, Health Technology Assessment; resulting in state-wide policy change covering migraine headaches treatment for professional acupuncturists
- 1990 **Biomedical genetic research on Klinefelter syndrome**
Lawrence Livermore National Laboratory; Department of Energy -growing bacterial cultures for analysis and mapping
-lab experience with pipets, centrifuges, running gels with genetic material spliced by enzymes in prepared samples, data collection from experiments, collecting slide samples and genetic mapping

PROFESSIONAL EXPERIENCE

- 2020-26 **Director, Vice Chair of Operations; American Society of Acupuncturists**
Board of Directors; American Society of Acupuncturists
Oversaw Governance and Research committees and projects leading to 4 major project completions and 3 research publications, 5 policy statements to guide national standards for integrative health in the US healthcare system
Served as representative to National Center for Complementary and Integrative Health (NCCIH) in policy and research related meetings, enhancing collaboration and engagement throughout the integrative medicine community for Whole Person Health
- 2020 **WA Acupuncture and Eastern Medicine Association President**
Served as **ASA representative for Washington;** Directing the Public Education committee and Insurance committee enhancing professional unity and interprofessional collaboration
- 2018 **WAEMA board; Director, Vice President; Legislative Chair, Research Chair, Membership committee**
Strategized directly with lobbyist on legislation, grew relationships between the Medical doctors, Naturopaths, Nurses, and Physical Therapists in order to pass legislation. Through Multiple discussions with the Department of Health and

testifying in front of Healthcare committees in response to our legislation, research reviews for the Health Care Assessment group, working with the Osher Center, UW, to promote integrative care through research and contacts at hospitals like Harbor View and Community Health clinics, establishing policy and regulatory frameworks for the profession

- 2018-25 **Charis Wolf Acupuncture LLC** Kirkland WA
Owner, sole proprietor; established and built a successful business 30+ patients/wk, working in collaboration with Seattle Cancer care and women's health practitioners- focus on complementary and integrated care for women's reproductive health
- 2022-24 **Middle Way Acupuncture Institute**
Adjunct Faculty:
Ethnopharmacology
Embryology
- 2020-22 **Seattle Institute of East Asian Medicine**
Adjunct Faculty:
Professional Ethics in Acupuncture
Clinic Supervisor
Integrated Therapeutics: Respiratory and Cardiovascular systems
Herbal studies: Cardiopulmonary focus
- 2016-19 **Purity Integrated Health** Mill Creek WA
Acupuncture and Eastern Medicine Practitioner;
Worked in collaboration with five ND's, two Chiropractors, Medical Assistants to deliver fully integrated care utilizing acupuncture, herbal prescriptions to support 1000+ patients.
- 2005-16 **Aion Health** San Francisco CA, Kirkland WA
Owner and sole proprietor; thriving acupuncture and herbal practice serving 30+ Patients a week with \$90k in gross annual income
-9 years primary care practitioner in CA, 10 years in WA
- 2007-8 **Elephant Pharmacy** Los Altos, CA
Herbal Pharmacist
- provided professional herbal and supplement consultations managing a full pharmacy of Chinese, Japanese, Ayurvedic, and Western herbs through continuous education and professional development.
- 2004-5 The **Communication Group** San Francisco, CA
Project Management Consultant
-developed and taught implementation of user centered design process, establishing internal creative protocols and creating documentation that enhanced efficiency by 200% project
-coached management team on implementation to ensure scheduling and budgeting accuracy which resulted in the doubling of revenue in one year

- 2002 – 3 **Naturopathica** Long Island, NY
Interactive Account Manager, Strategic consultant
 -worked with CEO to create a marketing strategy ensuring branding integrity -
 created budget of 1.2M, ensuring brand integrity and backend tech security
 which resulted in business tripling in one year
- 2000 – 1 **marchFIRST** San Francisco, CA
Interactive Project Manager; Branding and Marketing
 -managed teams ranging from 5 to 25 people; day to day operations including
 strategy, creative, user experience analysis, production, engineering, QA
 -primary point of contact including face to face interaction with client, responsible
 for managing client expectations and growing relationships -developed and enforced
 timelines, asset management, resource management, budgets (\$500k to \$2M) and ran
 meetings
 -developed and delivered in person business pitches and project pitches -post
 mortem analysis of projects; success and risk analysis
 -Clients included: 3com Wireless, 3com Rich Media for 3com Sports Park, PIXAR,
 Pottery Barn, Pottery Barn Kids, Harmon Kardon, Toys R Us, Apple, SFO Airport
- 1998 – 99 **ECI Publications** San Francisco, CA
Contract Researcher
 -Market researcher for business companies that successfully adopted innovative
 technologies through Executive level interviews and data analysis
- 1997 – 98 **Greenfield Online Market Research** San Francisco, CA
Marketing Assistant, Webmaster
 - client service representative for Upside magazine and SFgate accounts, conducting
 market research analysis using online data collection platforms

TALKS & TEACHINGS

- 2020-4 Adjunct Faculty : Seattle Institute of East Asian Medicine, Middle Way Acupuncture
 Institute
- 2020 Qiological; Interview to air 12/21
 Topic: Research in the Acupuncture Profession
- 2020 Seattle Institute of East Asian Medicine
 2/2020 Guest lecture; Palpitations, Hypersomnia, Insomnia
 3/2020 Guest lecture; The Role State Associations Play for the Profession
- 2019 Bastyr University:
 11/2019 Guest Lecture; How to Use Research to Effect Public Policy 8/ 2019 Guest
 Lecture; Understanding Public Policy and the World of Integrated Medicine

- 2016 Continuing Education Teacher: Introduction to Divergent Meridian Advanced Acupuncture
- 2015 Talk on cysts and fibroids (Zheng and Jia) during pregnancy
- 2013, 14,15 Yearly talk given on Women's health at the Holistic Mom's Network
- 2013 American College of Traditional Chinese Medicine: Herbs and Nutrition

Certifications and Licensure

- Current **MBAcC** completed 11/2025
- Current **WA state Acupuncture and Eastern Medicine** 60129461
- Current **NCCAOM Diplomat Ac** 122781
- 2016 – 18 **Continuing Education Teacher**; CA, WA
- 2007 – 17 **CA state Licensed Acupuncturist** 12186

PROFESSIONAL MEMBERSHIPS/AFFILIATIONS

American Society of Acupuncturists
 British Acupuncture Council
 British Medical Acupuncture Society
 Society of Acupuncture Research
 Evidence Based Acupuncture
 Scholars of Chinese Medicine
 Oxford Philosophical Society
 Jeffrey Yuen Taoist Study Group
 Seattle Soto Zen
 Academia.edu

AWARDS

- 2015-2016 Selected as top Acupuncturist in Silicon Valley by International Associations Of Healthcare Professionals
- 2013 Voted Best Acupuncturist in Silicon Valley

