

Charis Wolf
DTCM, MSTCM, MSc,
MBAcC, Dipl. LAc
Curriculum Vitae
December 2025

PROFESSIONAL EXPERIENCE

- 2022-4 Middle Way Acupuncture Institute
Adjunct Faculty:
Ethnopharmacology
Taoist Cosmology, Embryology
- 2020-2 Seattle Institute of East Asian Medicine
Adjunct Faculty:
Professional Ethics in Acupuncture
Clinic Supervisor
Integrated Therapeutics: Respiratory and Cardiovascular systems
Herbal studies: Cardiopulmonary focus
- 2018-25 Charis Wolf Acupuncture LLC Kirkland WA
Owner, sole proprietor; practicing as an Acupuncturist and Herbalist
Practice includes acupuncture, herbal prescriptions, supplements, gua sha, moxa, cupping, essential oil therapy, EHR and billing.
- 2016 – 19 Purity Integrated Health Mill Creek WA
Acupuncture and Eastern Medicine Practitioner;
Worked in collaboration with ND's, Chiropractors, Medical Assistants, in house blood lab to provide fully integrated care. My practice included acupuncture, herbal prescriptions, supplements, gua sha, cupping, essential oil therapy.
- 2005 – 16 Aion Health San Francisco CA, Kirkland WA
Owner and sole proprietor;
a natural health company with herbal products and acupuncture after becoming licensed (2007). Practice included acupuncture, herbal prescriptions, supplements, gua sha, moxa, cupping, essential oil therapy, EHR and billing.
-8 years primary care practitioner in CA
-2 years in WA
-sold the company in 2016, moved from CA to WA permanently
- 2007 – 8 Elephant Pharmacy Los Altos, CA

Herbal Pharmacist

- herbal consults and prescriptions; full herbal pharmacy of Chinese, Ayurvedic and Western herbs
- supplement knowledge and CE

- 2004 – 5 The Communication Group San Francisco, CA
Project Management Consultant
- taught implementation of user centered design process that put the customer perspective first through the design and engineering process
 - established internal creative processes and created process and documentation for project execution
 - coached management team on implementation to ensure scheduling and budgeting accuracy
- 2002 – 3 Naturopathica Long Island, NY
Interactive Account Manager, Strategic consultant
- worked with CEO to create a marketing strategy ensuring branding integrity - created budget, timeline, project plan documentation and schedule for integration of third party design into existing backend; critical team integration was accomplished successfully
 - strategized marketing campaigns with partners which resulted in business tripling in one year
- 2000 – 1 marchFIRST San Francisco, CA
Interactive Project Manager; Branding and Marketing
- managed teams ranging from 5 to 25 people; day to day operations including strategy, creative, user experience analysis, production, engineering, QA
 - primary point of contact including face to face interaction with client, responsible for managing client expectations and growing relationships -developed and enforced timelines, asset management, resource management, budgets (\$500k to \$2M) and ran meetings
 - developed and delivered in person business pitches and project pitches -post mortem analysis of projects; what worked and what did not, to learn for future projects
 - Clients included: 3com Wireless, 3com Rich Media for 3com Sports Park, PIXAR, Pottery Barn, Pottery Barn Kids, Harmon Kardon, Toys R Us, Apple, SFO Airport
- 1998 – 99 ECI Publications San Francisco, CA
Contract Researcher
- Researched business to business companies that successfully adopted innovative technologies and were leaders for their market
 - Interviewed Executives as well as the implementers of the business to business tools

1997 – 98 Greenfield Online Market Research San Francisco, CA
Marketing Assistant, Webmaster
- client service representative for Upside magazine and SFgate accounts
- market research analysis and summarizing using online data collection
platforms, statistical analysis and interpretation
- webmaster for the SF satellite office (main office is in CT)

RESEARCH & STUDIES

2022- 25 Peer reviewer: Medical Acupuncture Journal

2024 Publication: “The State of 21st Century Acupuncture in the United States”
https://www.dovepress.com/articles.php?article_id=96301

Publication: “Epistemology of Thought Experiments in Medical Science”
Oxford Philosophical Society, Annual Review 2024

Peer reviewer: Yale Journal of Biology and Medicine

2020-23 Peer reviewer: Journal of Acupuncture and Integrative Medicine

2021-23 Director Research Committee; American Society of Acupuncturists.
Responsibilities includes research dissemination, interprofessional research
projects, and written responses to CDC, NIH, NCCIH, CMS, PCORI, etc.

2020-21 Project Coordinator: David and Lura Lovell Foundation grant for the American
Society of Acupuncturists

2019-20 UW/NCCIH funded research study: PI Dr. Mark Soddors;
Acupuncture for TBI
Practitioner offering treatment for study subjects

2019 Literature review on migraine and tension headaches submitted to the Health
Care Authority of WA state, Health Technology Assessment; gained migraine
headaches treatment for professional acupuncturists in WA state

1990 Biomedical genetic research on Klinefelter syndrome
Lawrence Livermore National Laboratory; Department of Energy -growing
bacterial cultures for analysis and mapping
-lab experience with pipets, centrifuges, running gels with genetic material spliced
by enzymes in prepared samples, data collection from experiments, collecting
slide samples and genetic mapping

EDUCATION

Current	PhD: Epistemology and Ontology of East Asian Medicine University of Edinburgh
2023-25	MSc, Philosophy, Science and Religion University of Edinburgh
2024	Complex Systems: Principles of Health and Public Health New England Complex Systems Institute, MIT
2024	Librarian Certification IAP Career College
2023	Online class: Philosophy of Science Oxford University
2021-23	Online Courses through Coursera: Philosophy and the Sciences: Introduction to Philosophy of Physical Sciences Introduction to Philosophy Philosophy, Science and Religion Intellectual Humility Theory University of Edinburgh
2022	Introduction to Philosophy University of Washington
2020-21	Doctorate of Traditional Chinese Medicine Five Branches University
2021	Virtual Courses in Complexity : New England Complex Systems Institute, MIT
2014-18	PhD student American University of Complementary Medicine; Classical Chinese medicine (lost their accreditation- no degree) Multivariate Statistics Reproductive pathology according to Sun Si Miao Taoist philosophical impact on Classical Chinese Medicine Luo Vessels and Cardiology Divergent Meridian system and herbs Nan Jing, Nei Jing

- Classical herbal preparation
- 2012-14 Da Yuan Circle: Chinese Cosmology
- 2001-6 MSTCM American College of Traditional Chinese Medicine
 Japanese Medicine internship: Koji Ichihashi LAc
 Dermatology internship: Jialing Yu MD, LAc
 Ear Acupuncture Clinic: Pam Olton, LAc
 Externship Dr. Wu's Healing Center; Fertility Clinic
 Student Council and served as Secretary with rotating Presidential position
- 1996 BA History; Intellectual History emphasis, Physical Sciences minor:
 University of California, Davis
 -History; study of the interplay of philosophical, artistic, scientific, technological
 and socio-economic movements
 -2 years of upper division Chemistry (Organic chem, Bio-chem, Physical chem) lab,
 3+ years of physics (mechanics, continuum mechanics, quantum mechanics,
 astrophysics, solid state physics, electricity and magnetism, differential equations,
 vector analysis, mathematical physics

TALKS & TEACHINGS

- 2020-4 Adjunct Faculty : Seattle Institute of East Asian Medicine, Middle Way
 Acupuncture Institute
- 2020 Qiological; Interview to air 12/21
 Topic: Research in the Acupuncture Profession
- 2020 Seattle Institute of East Asian Medicine
 2/2020 Guest lecture; Palpitations, Hypersomnia, Insomnia
 3/2020 Guest lecture; The Role State Associations Play for the Profession
- 2019 Bastyr University:
 11/2019 Guest Lecture; How to Use Research to Effect Public Policy 8/ 2019
 Guest Lecture; Understanding Public Policy and the World of Integrated Medicine
- 2016 Continuing Education class: Introduction to Divergent Meridian Advanced
 Acupuncture
- 2015 Talk on cysts and fibroids (Zheng and Jia) during pregnancy
- 2013, 14,15 Yearly talk given on Women's health at the **Holistic Mom's Network**
- 2013 American College of Traditional Chinese Medicine: Herbs and Nutrition

Certifications and Licensure

Current	MBAcC completed 11/2025
Current	WA state Acupuncture and Eastern Medicine 60129461
Current	NCCAOM Diplomat Ac 122781
2016 – 18	Continuing Education Teacher; CA, WA
2007 – 17	CA state Licensed Acupuncturist 12186

BOARD/ LEADERSHIP EXPERIENCE

2020-25	Vice Chair of Operations; American Society of Acupuncturists Board of Directors; American Society of Acupuncturists Oversaw Governance and Research committees and projects Served as representative to National Center for Complementary and Integrative Health (NCCIH) in policy and research related meetings
2019	WA Acupuncture and Eastern Medicine Association President
2018	WA Acupuncture and Eastern Medicine Association Vice President
2018 -20	ASA representative for the state of Washington; Public Education committee, Insurance committee -work with the public education committee to produce marketing materials to unite the profession, strategic conversations with NCCAOM to further the partnership, generally work to support the profession as a whole
2017	WAEMA board; Director; Legislative Chair, Research Chair, Membership committee -Worked directly with lobbyist on legislation, grew relationships between the Medical doctors, Naturopaths, Nurses, and Physical Therapists in order to pass legislation. Multiple discussions with the Department of Health in order to establish rules for our profession. Testified in front of Healthcare committees in response to our legislation, research reviews for the Health Care Assessment group, working to support integrated health with Dr. Iman Majd LAc at the Osher Center, UW, worked with the schools in order to promote integrative care through research and contacts at hospitals like Harbor View and Community Health clinics, supporting our head of the Insurance Committee in order to ensure coverage and payment, outreach to the practitioner community through surveys, newsletters and chairing the Public Policy Committee as the Legislative Chair. -Diligent communication with NCCAOM, CCAOM and the AAMA in regards to the nurses declaring acupuncture to be in their scope -Worked with our lawyer to rewrite the bylaws, developed and enforced a new code of conduct and a media code of conduct

- 2/2020 Association Management class: Art of Strategic Management Washington Society of Association Executives
- 11/2019 Association Management class: Art of Governance and Structure Washington Society of Association Executives
- 10/2019 Association Management class: How to bring value to your members Dennison & Associates
- 2013 – 15 Discovery Charter school member; volunteer education committee
-required learning included: non-violent communication, principles of positive discipline, dealing with bullies and power inequalities

PROFESSIONAL MEMBERSHIPS/AFFILIATIONS

British Acupuncture Council
British Medical Acupuncture Society
Society of Acupuncture Research
Evidence Based Acupuncture
Scholars of Chinese Medicine
Oxford Philosophical Society
Jeffrey Yuen Taoist Study Group
Seattle Soto Zen
Academia.edu

AWARDS

- 2015-2016 Selected as top Acupuncturist in Silicon Valley by International Associations Of Healthcare Professionals
- 2013 Voted Best Acupuncturist in Silicon Valley

Other Education/ Interests

Growing herbs, gardening
UC Berkeley:
Beginning and Intermediate Photography
San Francisco Local Artist: Michael Markowitz Figure Drawing classes; 2 years
Many years of competitive soccer:
Mustang Football club, Danville CA; ranked 1st in state 1987, 88, 89
Played and coached for 40 years in total

