



# LINDSAY HAYES, MA

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## PROFILE

After a career in adult learning and professional development, I returned to school to become a psychotherapist. I have concentrated my studies in couple's dynamics, polyamory, and sexuality. I am currently pursuing a PhD from the University of Edinburgh. I am also the owner of a small private practice, The Arbor.

## EDUCATION

**MA, Couple and Family Therapy**, University of Colorado Denver

**MA, Communication**, University of Oklahoma

**BA, English Literature**, University of Central Oklahoma

## CONFERENCE PRESENTATIONS

Presentation, "Using EFT with Clients who are Polyamorous," AAMFT Systemic Family Therapy Conference, Online, October, 2023 (pending)

Presentation, "The Story of Polyamory: A Narrative Inquiry of a Polycule," The Society for the Scientific Study of Sexuality. New Orleans, November 2023 (pending)

Presentation, "A Narrative Inquiry of a Polycule," Research and Creative Activities Symposium. Denver, CO. April, 2023

Poster Presentation, "A Narrative Inquiry of a Polycule," The Society for the Scientific Study of Sexuality. Vancouver, Canada. Nov. 2022

## INVITED TALKS

"A Polycule Genogram," Family Theories Course, Aug 2022, CU Denver

"Relationship Structures & Polyamory," Intro to Sex Therapy, Dec 2022, CU Denver

## TRAINING

- EFT Core Skills, Lumen Therapy Services (Dec 2022-June 2023)
- EFT Externship, Lumen Therapy Services (Jan/Feb, 2022)
- Tree of Life, The Narrative Therapy Initiative (April, 2021)

## MEMBERSHIPS

- American Association of Marriage & Family Therapists
- American Association of Sexuality Educators, Counselors, & Therapists
- The Society for the Scientific Study of Sexuality
- Polyamory Leaders Network
- Polyamory Researchers Group

# EXPERIENCE

## **OWNER The Arbor (August, 2023-present)**

- Practice owner and psychotherapist

## **CLINICAL INTERN Inner Compass Counseling (Jan 2022-July 2023)**

- Conduct individual and relational therapy sessions
- Maintain case files and documentation
- Engage in ongoing professional development and supervision

## **STUDENT University of Colorado Denver (2020-2023)**

- Master's Thesis: "The Story of Polyamory: A Narrative Inquiry of a Polycule"
  - Collective narrative activity and individual interviews with a polyamorous family
- Coder- Research study on the efficacy of Emotionally-Focused Individual Therapy
  - Research led by Robert Allan and Stephanie Wiebe (in progress)
- Graduate Teaching Assistant- Introduction to Sex Therapy course, fall 2022
- Student Representative facilitating communication between students and faculty

## **CONSULTANT Council for Adult and Experiential Learning (2019-2022)**

- Conduct research to define talent development content such as education and training options and promotional pathways.

## **INSTRUCTOR Morgan Community College (Spring, 2020)**

- Teach Career Communication and Interpersonal Communication courses.
- Create course syllabi and all assignments to adhere to preapproved learning objectives
- Conduct lectures, discussions, and activities, grade coursework, manage grade reports.
- Coach students to improve oral and written communication skills.

## **LEARNING & DEVELOPMENT ASSISTANT University of Denver (Jan, 2020-Oct, 2020)**

- Work with the Learning Experience Design Team to facilitate the design and delivery of online and on-campus courses and faculty professional development.
- Support ongoing project management and logistical planning.
- Create project resources such as agreements, task lists, templates, etc.

## **CAREER DEVELOPMENT RESOURCES MANAGER Council for Adult and Experiential Learning (2014-2018)**

- Supported ongoing project management and logistical planning for career development projects, stakeholders included the Gates Foundation, JPMorgan Chase Foundation, and various colleges and universities.
- Conducted client and staff training on career maps and tools utilizing adult learning theory; created materials and activities to support learning.

## **CERTIFICATION COORDINATOR/MANAGER Medical Group Management Association (2008-2014)**

- Managed all facets of certification exam development and delivery.
- Designed and delivered multiple conference workshops.
- Utilized training in instructional design and adult learning to manage updates and revisions to practice tests and certification workshop support materials.
- Managed exam committee to maintain psychometric best practices.
- Assisted in development of certification study guide and other study materials.

## **GRADUATE TEACHING ASSISTANT University of Oklahoma (2004-2006)**

- Taught college-level communication course in public speaking, conflict management, leadership and team work.
- Conducted lectures, completed all grading of coursework, managed grade reports.
- Built rapport with students to maintain an engaging learning environment.