



THE UNIVERSITY *of* EDINBURGH

News Release

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Gym re-opens after £500,000 refit

A state-of-the-art University gym has re-opened following a £500,000 refurbishment. The revamped Cardio gym was officially re-opened today at an event hosted at the Pleasance Sports Centre and Gym.

The upgrade brings the total number of Precor exercise machines housed within the University's Pleasance Sports Complex to 145 – the largest single site installation in Europe. The improved fitness suite features 102 brand new Precor units, including top of the line treadmills, cross trainers and bikes from their premium award-winning 885 range.

The University is the first in Europe to welcome the recently launched Precor Next-Generation Experience Series treadmills, which represents nearly half of the new allocation of exercise equipment.

The stunning gym facility comes equipped with new wiring to support network connectivity, and boasts a refreshed layout to provide more logical equipment clusters and improve member flow.

More than 100 invited guests attended the launch event. They were encouraged to walk, run, stride and cycle a combined total of 885 kilometres – around 500 miles – to emulate Sport & Exercise's new Precor 885 Series machines.

They were also encouraged to participate as The Proclaimers, 'I'm Gonna Be (500 miles)', played in the background.

A short video message from Rob Barker, President of Precor's parent company, Amer Sports Fitness, was also screened.

University student and recently crowned European U-23 Cross Country champion, Rhona Auckland, and Hugh Edmiston, the University's Director of Corporate Services, were on hand to kick-start proceedings.

The refurbishment is part of a strategic pledge and ongoing commitment from the University to ensure its members and guests have access to the most technologically advanced equipment to support their health and well-being.

Ranked among the top universities in the world

Jim Aitken MBE, Director of Sport and Exercise: “We continually seek to enhance member experience and provide the highest level of fitness provision for our student, staff, and graduate and community users. We’re thrilled with our new state-of-the-art installation of Precor Next-Generation Experience equipment and in being among the first gyms in Europe to have it.”

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